NATIONAL EUCHARISTIC REVIVAL

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Welcome to this special section of the bulletin dedicated to the National Eucharistic Revival! As our parish continues to observe the second phase of this historic event, we are pleased to provide this dedicated space to weekly information on matters pertaining to the Revival. In addition to

announcements regarding special activities and events, this section provides a regular listing of resources, catechesis and directives which are intended to help foster a deeper devotion and a greater understanding of the Holy Eucharist. We invite you to look over this section each week for new and updated content and we pray that as you do so, you will grow in your appreciation and love for Jesus in the Most Blessed Sacrament.



Please pray for the success of the National Eucharistic Congress and the safe travel for all of the participants coming and leaving Indianapolis in July. Let all faithful Catholics leave with a renewed spirit and share the Eucharistic love of the Lord with all.

Please contact Anne Houston at 973-479-6467 if you are still interested in attending the National Eucharistic Congress in person.

OFFICIAL PRAYERS NATIONAL EUCHARISTIC REVIVAL

O SACRED BANQUET, in which Christ is received, the memory of His Passion is renewed, the mind is filled with grace, and a pledge of future glory is given to us.

MY GOD, I believe, I adore, I hope and I love Thee! I beg pardon for those who do not believe, do not adore, do not hope and do not love Thee.

O MOST HOLY TRINITY, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifference by which He is offended. By the infinite merits of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I beg the conversion of poor sinners.



The National Eucharistic Pilgrimage has publicly launched!

The NEP (https://www.eucharisticpilgrimage.org/) will consist of four cross-country Eucharistic processions, collectively traversing the entire continental United States over a two-month period, beginning during the feast of Pentecost, May 17-19, 2024.

The pilgrimage is being organized by the National Eucharistic Revival campaign in conjunction with Modern Catholic Pilgrim, a Catholic nonprofit dedicated to deepening the faith across



the country through pilgrimages. Along the way, the pilgrims will make stops in major US cities, churches, Catholic colleges, and holy sites. Parishes along the routes will host Mass, adoration, devotions, praise and workshop, lectures on the Eucharist, and more.

The Seton Route, which will begin in New Haven, Connecticut, will be passing through the Diocese of Metuchen on May 27-29, 2024. The four pilgrimage processions will ultimately converge in Indianapolis on July 16, 2024, to participate in the National Eucharistic Congress. Adam Carlisle, Secretary of Evangelization and Communication, will be helping to organize our diocese's involvement. If anyone is interested in assisting with this important event, please feel free to contact Adam Carlisle at acarlisle@diometuchen.org.

PERPETUAL ADORATION OF THE BLESSED SACRAMENT



Our parish offers Exposition of the Blessed Sacrament 24/7 in our Eucharistic Adoration Chapel located in the Parish Center. We are very blessed to be the only parish in the Diocese of Metuchen to offer Perpetual Adoration. We welcome and encourage you to regularly visit our chapel and to invite others as well.

EUCHARISTIC GUARDIANS

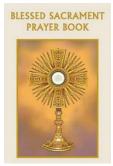


We are always in need of more **Eucharistic Guardians. Eucharistic** Guardians dedicate themselves to an hour of silent prayer each week in the presence of the Blessed Sacrament. They make Perpetual Adoration possible by assuring that Jesus is never left alone. For more information or to sign up, please call the Parish Office or

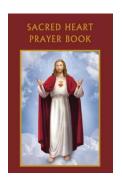
Gerry Aboyme at 732-266-4145.

RESOURCES TO HELP FOSTER DEVOTION TO THE **HOLY EUCHARIST**

The following items are available at the **Parish Center:**



BLESSED SACRAMENT PRAYER BOOK - \$8.00



SACRED HEART PRAYER BOOK - \$8.00



VISITS TO THE BUESSED SACRAMENT - \$8.00



THE BLESSED SACRAMENT -GOD IS WITH US -\$5.00



DEVOTION TO THE SACRED HEART -\$5.00



PRAYERS OF REPARATION TO OUR LAPEL PIN - \$2.00 **EUCHARISTIC LORD -**\$2.00



MONSTRANCE

THE MYSTERY OF THE EUCHARIST IN THE **LIFE OF THE CHURCH** is the 2021 United States Catholic Conference of Bishops document on the Eucharist - the doctrinal source text for the National Eucharistic Revival. To read the document, visit the Bishop's Conference Official Website at: www.usccb.org.

EUCHARISTIC REVIVAL Pilgrimage Passport

June 2023 – June 2024





The children in the religious education program here at Our Lady of Fatima Church are engaging in the Year of Eucharistic Revival by making

a pilgrimage to various chapels, shrines and holy sites within the surrounding area to visit Jesus in the Blessed Sacrament. They have each received a little "passport" to take with them and to get stamped as they complete their visit to each site. If you would like to participate in this spiritual pilgrimage as well, pick up a passport at the main entrance to the church. We hope many children will partake in this wonderful experience visiting Jesus! Additional information can be found on our parish website www.olfparish.org.

RESOURCES FOR CHILDREN - Pick of the Week

Wooden Mass Kit Playset



The best way for children to learn about the Eucharist- through imaginative play! When children use their imagination to role-play scenarios, they learn about them in new and deeper ways. Children that role-play the Holy Sacrifice of the Mass are more likely to

understand what is happening at Mass, pay closer attention, and gain a deeper appreciation for the Liturgy of the Eucharist. Playing Mass is a beautiful and effective way for children to learn about one of the most important parts of their Catholic faith. You will be amazed by how much they learn! Many Saints "played mass" as children as well, including St. Ambrose of Siena and St. Teresa of Avila and her brother.

This item may be purchased on AMAZON or on the Catholic Supply of St. Louis, Inc. website (https://shop.catholicsupply.com/wooden-mass-kitplayset.aspx?).

Learn more about the Sacred Liturgy and the **Holy Eucharist on**

FORMED

This week, we recommend the following Series:

The Fourth Cup By Dr. Scott Hahn



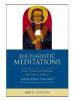
Well-known Catholic theologian Dr. Scott Hahn explains Christ's Paschal Sacrifice on the cross as the fulfillment of the traditional fourth cup used in the celebration of the Jewish Passover meal. He draws a symbolic parallel

to the Last Supper and Christ's death on Calvary. Through his scholarly insights and important biblical connections, Mass will come alive for you as never before!

BOOKS ON THE HOLY EUCHARIST

Pick of the Week

Eucharistic Meditations by Abbe H. Convert



Eucharistic Meditations offers extracts from the Writings and Instructions of Saint John Vianney. Saint Jean-Baptiste Marie Vianney, known affectionately as The Curé d'Ars, was the agent of a complete spiritual, social, and material reform of his parish, which became a joyful refuge and a place of pilgrimage. Men and women would travel for weeks simply to confess before the

humble and holy man. His particular devotion to the Blessed Sacrament is manifest in this book of twenty-seven meditations, which had its first English edition two years before his canonization in 1925.

This book is published by *Scepter Press* and may be purchased at most religious book stores and on AMAZON.COM.

Christ Gave His Own Body For the Life Of All Men by Cyril of Alexandria: Commentary on the Gospel of John

"I am dying for all men," says the Lord. "I am dying to give them life through myself and to redeem the whole human race through my humanity. In my death, death itself will die and man's fallen nature will rise again with me. I wanted to be like my brothers in every respect, so I became a man like you, a descendant of Abraham." Understanding this well Saint Paul says: As the children of a family share the same flesh and blood, he too shared our human nature so that by his death he could destroy the power of the devil, the prince of death. Death itself and the prince of death could be destroyed only by Christ, who is above all, giving himself up as a ransom for all.

And so, speaking as a spotless victim offering himself for us to God the Father, Christ says in one of the psalms: You desired no sacrifices or offerings, but you have prepared a body for me. You took no pleasure in holocausts or sin offerings. Then I said, "Behold, I am coming." He was crucified for all, desiring his one death for all to give all of us life in him. It was impossible for him to be conquered by death; nor could he who by his very nature is life be subject to corruption. Yet we know that Christ offered his flesh for the life of the world from his own prayer, Holy Father, protect them, and from his words, For their sake I consecrate myself. By saving that he consecrates himself he means that he offers himself to God as a spotless and sweet-smelling sacrifice. According to the law, anything offered upon the altar was consecrated and considered holy. So Christ gave his own body for the life of all, and makes it the channel through which life flows once more into us. How he does this I will explain to the best of my ability.

When the life-giving Word of God dwelt in human flesh, he changed it into that good thing which is distinctively his, namely, life; and by being wholly united to the flesh in a way beyond our comprehension, he gave it the life-giving power which he has by his very nature. Therefore, the body of Christ gives life to those who receive it. Its presence in mortal men expels death and drives away corruption because it contains within itself in his entirety the Word who totally abolishes corruption.

Tremendous Value of Holy Mass

At the hour of death the Holy Masses you have heard devoutly will be your greatest consolation.

Every Mass will go with you to Judgement and will plead for pardon for you.

By every Mass you can diminish the temporal punishment due to your sins, more or less, according to your fervor.

By devoutly assisting at Holy Mass you render the greatest homage possible to the Sacred Humanity of our Lord.

Through the Holy Sacrifice, Our Lord Jesus Christ supplies for many of your negligences and omissions.

He forgives you all the venial sins which you are determined to avoid. The power of Satan over you is diminished.

By piously hearing Holy Mass you afford the Souls in Purgatory the greatest possible relief.

One Holy Mass, heard during your life, will be of more benefit to you than many heard for your after your death.

Through Holy Mass you are preserved from many dangers and misfortunes which would otherwise have befallen you. You shorten your Purgatory by every Mass.

During Holy Mass you kneel amid a multitude of holy Angels, who are present at the Adorable Sacrifice with reverential awe.

Through Holy Mass you are blessed in your temporal goods and affairs.

When you hear Holy Mass devoutly, offering it to Almighty God in honor of any particular Saint or Angel, thanking God for favors bestowed on him, etc., etc., you afford that Saint or Angel a new degree of honor, joy and happiness, and draw his special love and protection on yourself.

Every time you assist in Holy Mass, besides other intentions, you should offer it in honor of the Saint of the day.

Nihil obstat: Francis J. Beckmann, Censor Librarian, July 13, 1923 **Imprimatur:** Henricus Moeller, Archiepiscopus Cincinnatensis, Cincinnati, July 16, 1923.

"The Church and the world have a great need of eucharistic worship. Jesus waits for us in this sacrament of love. Let us be generous with our time in going to meet Him in adoration and in contemplation that is full of faith and ready to make reparation for the great faults and crimes of the world. May our adoration never cease."

- Pope John Paul II

"Let your door stand open to receive Him, unlock your soul to Him, offer Him a welcome in your mind, and then you will see the riches of simplicity, the treasures of peace, the joy of grace. Throw wide the gate of your heart, stand before the sun of the everlasting light."

- St. Ambrose

EUCHARISTIC SAINTS

ST. ISAAC JOGUES THE FRENCH MISSIONARY TO THE NEW WORLD



Between Lake George and Lake Champlain, there was a passage taken by a dozen canoes, carrying a few French Missionaries and a number of Huron Indians, returning with medical supplies from Quebec in 1642. The Huron men and women trusted the white man in the black robe who guided the lead canoe downstream. "Ondessonk", they called him, "Bird of Prey". Who could have said that the cultured boy with a decent upbringing in France would find himself at 35 years of age surrounded so far from home by such a flock? It had taken countless hours to grow accustomed to the uncomfortable crouch in that canoe, weeks to become the first white-man to hike over the Adirondacks and see Lake Superior, months to learn the languages and customs of these people he loved so dearly, and all of those prior six years to earn their trust.

Then the silence of oars slipping in and out of the stream was split by bloodthirsty cries as Mohawk warriors rushed on them from the woods. Isaac was the priest's name, Isaac

Jogues, and like his namesake, the son of Abraham, he could have escaped this sacrifice. He was in the lead boat, he was strong and capable from those six arduous years, and he was already hidden from the sight of the attacking braves, but his love was not for himself but for his friends who had been captured, and his enemies who had captured them. He had made the vow years before to give himself utterly to the call of Christ, and so he did not hesitate to sacrifice himself as a father for his children. He would endure beatings, mockings, burns, frostbite, malnourishment, flogging, and the agonizing loss of his fingernails and thumb in the months to come. Yet he still chose love. Love continuously offered to his fellow prisoners – giving them the solace, natural and supernatural, that he could – as well as love and patience for his captors – gathering wood, offering them baptism, and saving the life of a pregnant mother from drowning.

Many months later, he was freed, smuggled out of the Mohawk camp and all the way back to Europe. It was Christmas, 1643, when the bedraggled, battered, missionary arrived at the Jesuit residence in Rennes, France. The Rector plied this stranger with questions about the missions of the new world, asking hesitantly, "What about Fr. Isaac Jogues?" Ondessonk must have smirked as he replied: "He is at liberty and it is he, Reverend Father, who speaks to you." The "living martyr" would receive accolades from the Pope, and permission to continue to celebrate the Eucharist despite his inability to follow all the rubrics of the Mass (because of his mangled hand). But he would give all that up to return to the Iroquois, an ambassador of peace.

Three years before he had merely faced a hard trek up to Quebec as he transversed those hills; now he faced likely death in ministering to the Mohawks. It was the day before Corpus Christi as he stood on the banks of that beautiful lake once again, and so he named it "Lac du Saint Sacrement", "The Lake of the Most Blessed Sacrament". For a man described as a "soul glued to the Blessed Sacrament", who cried upon losing his hands, not from pain but from the seeming impossibility of ever again celebrating the Mass, the coming hardships were nothing compared to going without Holy Communion.

...It is this for which I beg Your Reverence to entreat Our Lord, and especially to remember at the altar a poor priest, who is about to remain 8 or 9 months without mass. It will be to me an increase of obligation to be, more than ever, my Reverend Father, your very humble and obedient servant in God [Isaac Jogues, Letter from Montreal, September 12, 1646]

Yet he went anyway. And though without the Eucharist for all those months, he lived in his own body and blood the same sacrifice that he hungered constantly to be united to. His bravery was that of the *ondessonk*, his sacrifice that of the pelican, his consecration unwavering like Christ.

I shall depart in 2 or 3 days for the Iroquois journey. Still, for life, all in Our Lord. [Isaac Jogues, Letter from 3 Rivers, September 21. 1646]

Fr. Dominic Rankin. "St. Isaac Jogues: A Eucharistic Life and Death." Cathedral of the Immaculate Conception. 28 December 2023. https://spicathedral.org/blog/st-isaac-jogues-a-eucharistic-life-and-death/.