

NATIONAL EUCHARISTIC REVIVAL

NATIONAL EUCHARISTIC REVIVAL



Welcome to this special section of the bulletin dedicated to the National Eucharistic Revival! As our parish continues to observe the second phase of this historic event, we are pleased to provide this dedicated space to weekly information on matters pertaining to the Revival. In addition to announcements regarding special activities and events, this section provides a regular listing of resources, catechesis and directives which are intended to help foster a deeper devotion and a greater understanding of the Holy Eucharist. We invite you to look over this section each week for new and updated content and we pray that as you do so, you will grow in your appreciation and love for Jesus in the Most Blessed Sacrament.



The First National Eucharistic Congress in 83 years July 17-21, 2023 | Indianapolis, Indiana

This is a pivotal moment in both American history and the legacy of the Catholic Church. We are expecting tens of thousands of pilgrims – but space is limited. Jesus Christ will be there. Will you?

Ticket, travel & accomodation packages are now available from the diocese but they are limited! If you wish to attend, you should act now before the seats are gone. You may contact Anne Houston at 973-479-6467 or the Office of Evangelization & Communication at the Diocese of Metuchen.

OFFICIAL PRAYERS NATIONAL EUCHARISTIC REVIVAL

O SACRED BANQUET, in which Christ is received, the memory of His Passion is renewed, the mind is filled with grace, and a pledge of future glory is given to us.

MY GOD, I believe, I adore, I hope and I love Thee! I beg pardon for those who do not believe, do not adore, do not hope and do not love Thee.

O MOST HOLY TRINITY, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifference by which He is offended. By the infinite merits of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I beg the conversion of poor sinners.



NATIONAL Eucharistic Pilgrimage

The National Eucharistic Pilgrimage has publicly launched!

The NEP (<https://www.eucharisticpilgrimage.org/>) will consist of four cross-country Eucharistic processions, collectively traversing the entire continental United States over a two-month period, beginning during the feast of Pentecost, May 17-19, 2024.

The pilgrimage is being organized by the National Eucharistic Revival campaign in conjunction with Modern Catholic Pilgrim, a Catholic nonprofit dedicated to deepening the faith across



the country through pilgrimages. Along the way, the pilgrims will make stops in major US cities, churches, Catholic colleges, and holy sites. Parishes along the routes will host Mass, adoration, devotions, praise and workshop, lectures on the Eucharist, and more.

The Seton Route, which will begin in New Haven, Connecticut, will be passing through the Diocese of Metuchen on May 27-29, 2024. The four pilgrimage processions will ultimately converge in Indianapolis on July 16, 2024, to participate in the National Eucharistic Congress. Adam Carlisle, Secretary of Evangelization and Communication, will be helping to organize our diocese's involvement. If anyone is interested in assisting with this important event, please feel free to contact Adam Carlisle at acarlisle@diometuchen.org.

PERPETUAL ADORATION OF THE BLESSED SACRAMENT



Our parish offers Exposition of the Blessed Sacrament 24/7 in our Eucharistic Adoration Chapel located in the Parish Center. We are very blessed to be the only parish in the Diocese of Metuchen to offer Perpetual Adoration. We welcome and encourage you to regularly visit our chapel and to invite others as well.

EUCCHARISTIC GUARDIANS

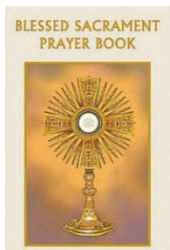


We are always in need of more Eucharistic Guardians. Eucharistic Guardians dedicate themselves to an hour of silent prayer each week in the presence of the Blessed Sacrament. They make Perpetual Adoration possible by assuring that Jesus is never left alone. For more information or to sign up, please call the Parish Office or Gerry Aboyme at 732-266-4145.

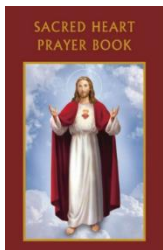
RESOURCES

TO HELP FOSTER DEVOTION TO THE HOLY EUCHARIST

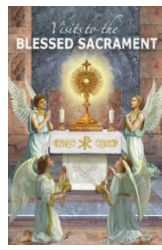
The following items are available at the Parish Center:



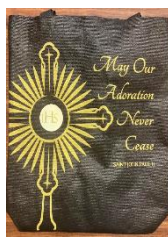
BLESSED SACRAMENT PRAYER BOOK - \$8.00



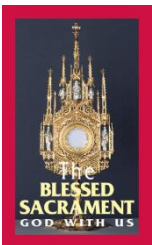
SACRED HEART PRAYER BOOK - \$8.00



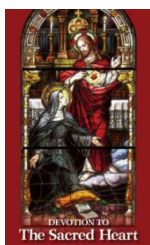
VISITS TO THE BLESSED SACRAMENT - \$8.00



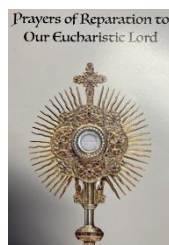
TOTE BAG - \$2.00



THE BLESSED SACRAMENT - GOD IS WITH US - \$5.00



DEVOTION TO THE SACRED HEART - \$5.00



PRAYERS OF REPARATION TO OUR EUCHARISTIC LORD - \$2.00



MONSTRANCE LAPEL PIN - \$2.00

THE MYSTERY OF THE EUCHARIST IN THE LIFE OF THE CHURCH

is the 2021 United States Catholic Conference of Bishops document on the Eucharist – the doctrinal source text for the National Eucharistic Revival. To read the document, visit the Bishop's Conference Official Website at: www.usccb.org.

EUCCHARISTIC REVIVAL

Pilgrimage Passport

June 2023 – June 2024



The children in the religious education program here at Our Lady of Fatima Church are engaging in the Year of Eucharistic Revival by making

a pilgrimage to various chapels, shrines and holy sites within the surrounding area to visit Jesus in the Blessed Sacrament. They have each received a little "passport" to take with them and to get stamped as they complete their visit to each site. If you would like to participate in this spiritual pilgrimage as well, pick up a passport at the main entrance to the church. We hope many children will partake in this wonderful experience visiting Jesus! Additional information can be found on our parish website www.olfparish.org.

RESOURCES FOR CHILDREN - *Pick of the Week*

We Go to Church Plush Playset



Spark conversations about the Christian faith while you play with your young child and the 'Let's Go to Church' play set! Fashioned with a simple zipper closure for easy clean up and storage, the 'Let's Go to Church' play set includes a carrying case in the shape of a church that unfolds to

create a stage for hours of make-believe fun. This set includes a priest, a young family, altar server, altar, Baptismal font, pews and an organ. A perfect quiet toy for church or a simple religious accent to your child's bedroom or play room!

This item may be purchased on AMAZON or on the St. Jude Shop website (<https://www.stjudeshop.com/unique-gifts/inspirational-art-for-the-home/baby-children-products/childrens-tovs-gifts-figurines/we-go-to-church-plush-playset>).

"What does it matter where we go? Wherever we go, won't we be serving God there? And wherever we go, won't we have Our Lord in the Blessed Sacrament with us? Isn't that enough to make us happy?"

– Blessed Solanus Casey

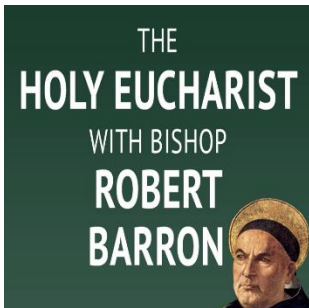
"You humbled Yourself by becoming man, by permitting Yourself to suffer, and now by masking Your unparalleled glory in the form of a small piece of bread— all so that I can have You inside me."

– Mother Angelica

Learn more about the Sacred Liturgy and the Holy Eucharist on

FORMED

This week, we recommend the following Series:



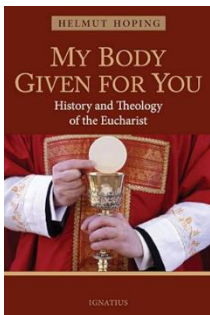
The Holy Eucharist with Bishop Robert Barron

Matt Fradd and Bishop Robert Barron sit down to discuss the source and summit of our faith: the Holy Eucharist.

BOOKS ON THE HOLY EUCHARIST

Pick of the Week

My Body Given for You: History and Theology of the Eucharist by Helmut Hoving



The Eucharist originated at the Last Supper of Jesus with his disciples. It is based on the prayer of thanksgiving that Jesus pronounced over the bread and wine at that meal. "Eucharist" means "thanksgiving", "praise", and "blessing". The Church celebrates the Eucharist as a memorial of the death and Resurrection of Jesus Christ, which is more than a remembrance of the Last Supper of Jesus with his disciples. In

the Eucharist the sacrifice of our redemption becomes present sacramentally.

In the past, dogmatic theology has treated the meaning of the Eucharist while disregarding the form of its liturgical celebration, whereas liturgical studies have been content with only the latter. Yet the two cannot be separated, any more than liturgy and dogma or pastoral practice and doctrine can be understood without the other. The Church's liturgy is not something external to Christian revelation, but rather, as Joseph Ratzinger said, "revelation accepted in faith and prayer".

In this work, Helmut Hoving combines the approaches of dogmatic theology and liturgy while examining the Eucharist from a historical and systematic perspective. This new English translation of the second German edition of this major work, revised and expanded, includes a comparative analysis of the Second Eucharistic Prayer and a chapter on the theology of the words of institution.

This book is published by Ignatius Press and may be purchased at most religious book stores and on AMAZON.COM.

"The greatest love story of all time is contained in a tiny white Host." – Fulton Sheen

In the Hour of Jesus

by Pope Benedict XVI

Excerpt from

Heart of the Christian Life: Thoughts on Holy Mass

In the presence of the Sacred Host, in which Jesus becomes for us the bread that sustains and feeds us (cf. Jn 6:35), and there we began our inner journey of adoration. In the Eucharist, adoration must become union.

At the celebration of the Eucharist, we find ourselves in the "hour" of Jesus, to use the language of John's Gospel. Through the Eucharist this "hour" of Jesus becomes our own hour, his presence in our midst. Together with the disciples he celebrated the Passover of Israel, the memorial of God's liberating action that led Israel from slavery to freedom. Jesus follows the rites of Israel. He recites over the bread the prayer of praise and blessing.

But then something new happens. He thanks God not only for the great works of the past; he thanks him for his own exaltation, soon to be accomplished through the Cross and Resurrection, and he speaks to the disciples in words that sum up the whole of the Law and the Prophets: "This is my Body, given in sacrifice for you. This cup is the New Covenant in my Blood." He then distributes the bread and the cup, and instructs them to repeat his words and actions of that moment over and over again in his memory.

What is happening? How can Jesus distribute his Body and his Blood? By making the bread into his Body and the wine into his Blood, he anticipates his death, he accepts it in his heart, and he transforms it into an action of love. What on the outside is simply brutal violence – the Crucifixion – from within becomes an act of total self-giving love. This is the substantial transformation which was accomplished at the Last Supper and was destined to set in motion a series of transformations leading ultimately to the transformation of the world when God will be all in all (cf. 1 Cor 15:28).

In their hearts, people always and everywhere have somehow expected a change, a transformation of the world. Here now is the central act of transformation that alone can truly renew the world: violence is transformed into love, and death into life.

Since this act transmutes death into love, death as such is already conquered from within, the Resurrection is already present in it. Death is, so to speak, mortally wounded, so that it can no longer have the last word.

To use an image well known to us today; this is like inducing nuclear fission in the very heart of being—the victory of love over hatred, the victory of love over death. Only this intimate explosion of good conquering evil can then trigger off the series of transformations that little by little will change the world.

All other changes remain superficial and cannot save. For this reason we speak of redemption: what had to happen at the most intimate level has indeed happened, and we can enter into its dynamic. Jesus can distribute his Body, because he truly gives himself.

EUCCHARISTIC SAINTS

SAINT STANISLAUS KOSTKA

THE MAN WHO PRETENDED TO BE A BEGGAR TO JOIN THE JESUITS



As a young child, one of seven born to a noble family in Poland, Stanislaus was educated with his older brother, Paul, by a private tutor. At the age of 14, the two brothers were sent to study at the Jesuit College in Vienna. Stanislaus was a kind, intelligent and pious young man, but his piety was disdained by his older brother, who continually bullied him, lashing out at him verbally and physically.

At age 16, Stanislaus became very ill and feared he was going to die. It was his great desire to receive Jesus in the Eucharist, but the young man was living in the home of a strict Protestant who would not allow the Blessed Sacrament to be brought into his home. Stanislaus turned in prayer to St. Barbara, asking for her help in receiving the sacrament. His prayer was answered when the saint, carrying the

Host, appeared to him, accompanied by two angels. Soon after, the Blessed Virgin Mary also appeared to him, assuring him that he would be healed and that it was God's desire that the young man should enter the Jesuit order, the Society of Jesus.

Stanislaus knew that his family was strongly opposed to his decision to become a Jesuit, and that he was too young to enter the order in Vienna without his father's permission. So he devised a plan to travel on foot, disguised as a beggar, some 400 miles to the Jesuit Order in Bavaria, where Father Peter Canisius, now a saint and Doctor of the Church, served as provincial.

Stanislaus was accepted into the Jesuit order at age 17. He would spend 10 months as a novice, growing in holiness while completing his chores and making penance with humility and cheerfulness. His great love of Jesus in the Eucharist showed as a light in his face whenever he received the Sacrament during Mass. Soon, the saintly novice became gravely ill once again. He wrote a letter to Mary, asking for the favor that when it came time for his death, it would be on the anniversary of her Assumption. Stanislaus' prayers were answered. He died in the early morning hours of Aug. 15, 1568, the Feast of the Assumption of Mary. He was beatified in 1605 and canonized Dec. 31, 1726. St. Stanislaus is known as the patron saint of novices, youth, young students and seminarians. His intercession is also sought by those who suffer from serious illness.

When St. Pope John Paul II was a doctoral student in Rome he was known to stop often to pray at the tomb of St. Stanislaus which rests in the Church of St. Andrew on Quirinal Hill in Rome. While praying at the tomb of St. Stanislaus during his pontificate, Pope John Paul II exclaimed, "The path of his brief life ... can be likened to a great cross-country race towards holiness, which is the goal of every Christian life." St. Stanislaus is proof that sanctity does not require a long life or an early death — only a life, whatever its length, lived with and for the Lord. For young people in today's world, 17-year-old Stanislaus shows them that saints can and do look like them.

Bishop David M. O'Connell, C.M. "St. Stanislaus Kostka: The Young Saint." St. Stanislaus Kostka Parish: The Sanctuary of The Divine Mercy. 11 January 2024. <https://ststanschurch.org/our-patron-st-stanislaus-kostka>.

EUCCHARISTIC MIRACLES

The Eucharistic Miracle of Lourdes, France



On August 22, 1888, at 4 o'clock in the afternoon, there took place for the first time at Lourdes the procession together with the benediction of the sick with the Blessed Sacrament. It was a priest who proposed this pious practice and it has not been abandoned since that time. Once, on August 22, 1888, when the Benediction with the Blessed Sacrament was imparted to the sick gathered in front of the grotto of the apparitions, Pierre Delanoy, who had been suffering for years from ataraxy (an illness which impedes the coordination of voluntary movements, and leads to certain death), was healed instantly as the monstrance passed by him. It was the first Eucharistic Miracle that took place at Lourdes. From that day on, the sick who make their way to Lourdes on pilgrimage are blessed with the Blessed Sacrament, and the miraculous healings that have been confirmed through the Blessed

Sacrament passing by are innumerable. The Shrine of Lourdes is a shining example of faith in the Real Presence of Jesus in the Eucharist.

"Eucharistic Miracles and Saints - Lourdes, France, 1888". Real Presence Eucharistic Education and Adoration Association 11 January 2024. https://www.therealpresence.org/eucharst/mir/emc_book003_pdf/e_mir_st_children_96_97.pdf.