

# NATIONAL EUCHARISTIC REVIVAL

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Welcome to this special section of the bulletin dedicated to the National Eucharistic Revival! As our parish continues to observe the second phase of this historic event, we are pleased to provide this dedicated space to weekly information on matters pertaining to the Revival. In addition to announcements regarding special activities and events, this section provides a regular listing of resources, catechesis and directives which are intended to help foster a deeper devotion and a greater understanding of the Holy Eucharist. We invite you to look over this section each week for new and updated content and we pray that as you do so, you will grow in your appreciation and love for Jesus in the Most Blessed Sacrament.



### **The First National Eucharistic Congress in 83 years July 17-21, 2023 | Indianapolis, Indiana**

This is a pivotal moment in both American history and the legacy of the Catholic Church. We are expecting tens of thousands of pilgrims – but space is limited. Jesus Christ will be there. Will you?

***Ticket, travel & accomodation packages are now available from the diocese but they are limited!*** If you wish to attend, you should act now before the seats are gone. You may contact Anne Houston at 973-479-6467 or the Office of Evangelization & Communication at the Diocese of Metuchen.

### **OFFICIAL PRAYERS NATIONAL EUCHARISTIC REVIVAL**

O SACRED BANQUET, in which Christ is received, the memory of His Passion is renewed, the mind is filled with grace, and a pledge of future glory is given to us.

MY GOD, I believe, I adore, I hope and I love Thee! I beg pardon for those who do not believe, do not adore, do not hope and do not love Thee.

O MOST HOLY TRINITY, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifference by which He is offended. By the infinite merits of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I beg the conversion of poor sinners.



## NATIONAL Eucharistic Pilgrimage

The National Eucharistic Pilgrimage has publicly launched!

The NEP (<https://www.eucharisticpilgrimage.org/>) will consist of four cross-country Eucharistic processions, collectively traversing the entire continental United States over a two-month period, beginning during the feast of Pentecost, May 17-19, 2024.

The pilgrimage is being organized by the National Eucharistic Revival campaign in conjunction with Modern Catholic Pilgrim, a Catholic nonprofit dedicated to deepening the faith across



the country through pilgrimages. Along the way, the pilgrims will make stops in major US cities, churches, Catholic colleges, and holy sites. Parishes along the routes will host Mass, adoration, devotions, praise and workshop, lectures on the Eucharist, and more.

The Seton Route, which will begin in New Haven, Connecticut, will be passing through the Diocese of Metuchen on May 27-29, 2024. The four pilgrimage processions will ultimately converge in Indianapolis on July 16, 2024, to participate in the National Eucharistic Congress. Adam Carlisle, Secretary of Evangelization and Communication, will be helping to organize our diocese's involvement. If anyone is interested in assisting with this important event, please feel free to contact Adam Carlisle at [acarlisle@diometuchen.org](mailto:acarlisle@diometuchen.org).

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## PERPETUAL ADORATION OF THE BLESSED SACRAMENT



Our parish offers Exposition of the Blessed Sacrament 24/7 in our Eucharistic Adoration Chapel located in the Parish Center. We are very blessed to be the only parish in the Diocese of Metuchen to offer Perpetual Adoration. We welcome and encourage you to regularly visit our chapel and to invite others as well.

## EUCCHARISTIC GUARDIANS



We are always in need of more Eucharistic Guardians. Eucharistic Guardians dedicate themselves to an hour of silent prayer each week in the presence of the Blessed Sacrament. They make Perpetual Adoration possible by assuring that Jesus is never left alone. For more information or to sign up, please call the Parish Office or Gerry Aboyme at 732-266-4145.

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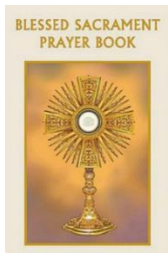
## RESOURCES

### TO HELP FOSTER DEVOTION TO THE HOLY EUCHARIST

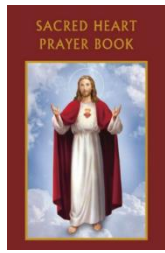
The following items are available at the Parish Center:

#### 7 Secrets of the Eucharist Book and Study Guide

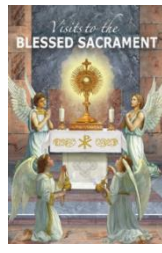
The 4-week parish workshop based on Vinny Flynn's book *7 Secrets of the Eucharist* recently concluded, and we have a limited supply of extra books and study guides available for sale at the parish center for \$10 each.



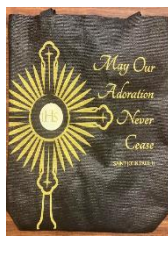
BLESSED SACRAMENT PRAYER BOOK - \$8.00



SACRED HEART PRAYER BOOK - \$8.00



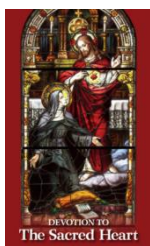
VISITS TO THE BLESSED SACRAMENT - \$8.00



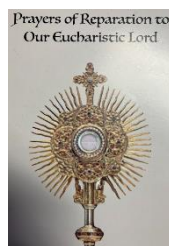
TOTE BAG - \$2.00



THE BLESSED SACRAMENT - GOD IS WITH US - \$5.00



DEVOTION TO THE SACRED HEART - \$5.00



PRAYERS OF REPARATION TO OUR EUCHARISTIC LORD - \$2.00



MONSTRANCE LAPEL PIN - \$2.00

### **THE MYSTERY OF THE EUCHARIST IN THE LIFE OF THE CHURCH**

is the 2021 United States Catholic Conference of Bishops document on the Eucharist – the doctrinal source text for the National Eucharistic Revival. To read the document, visit the Bishop's Conference Official Website at: [www.usccb.org](http://www.usccb.org).

## EUCCHARISTIC REVIVAL

### Pilgrimage Passport

June 2023 – June 2024



The children in the religious education program here at Our Lady of Fatima Church are engaging in the Year of Eucharistic Revival by making a

pilgrimage to various chapels, shrines and holy sites within the surrounding area to visit Jesus in the Blessed Sacrament. They have each received a little "passport" to take with them and to get stamped as they complete their visit to each site. If you would like to participate in this spiritual pilgrimage as well, pick up a passport at the main entrance to the church. We hope many children will partake in this wonderful experience visiting Jesus! Additional information can be found on our parish website [www.olfparish.org](http://www.olfparish.org).

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### Learn more about the Sacred Liturgy and the Holy Eucharist on

## FORMED

*This week, we recommend the following Series:*

### True Worship by Fr. Mike Schmitz

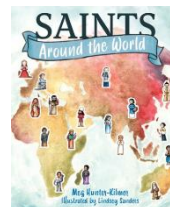


Father Michael Schmitz, the director of Youth and Young Adult Ministry for the Diocese of Duluth as well as the Chaplain for the Newman Center at the University of Minnesota-Duluth, inspires and educates in this Lighthouse Talk about the highest form of worship—the Mass.

His Newman Center focuses on being fed through the Sacraments as well as study and knowledge of the Church and has thrived under his humble and Spirit-filled guidance. Through this vibrant presentation, Fr. Mike makes sure that you will have a deeper and more profound experience of the Mass.

## RESOURCES FOR CHILDREN - *Pick of the Week*

### Saints Around the World



The lives of the Saints are one of the most powerful ways God draws people to himself, showing us the love and the joy we can find in him. But so often, these Saints seem distant—impossibly holy or dull or unlike us in race and age and state in life. In *Saints Around the World*, you'll meet over one-hundred Saints

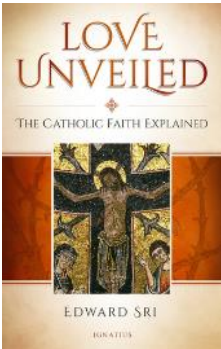
from more than sixty countries, including Saints with different disabilities, strengths, and struggles. The beautiful illustrations and captivating storytelling will introduce you and your children to new heavenly friends while also helping you fall more in love with Jesus.

This item may be purchased on AMAZON or on the Catholic Company website (<https://www.catholiccompany.com/saints-around-the-world-i133953/>).

## BOOKS ON THE HOLY EUCHARIST

*Pick of the Week*

### Love Unveiled: The Symbolon Book - The Catholic Faith Explained by Edward Sri



Man cannot live without love.... His life is senseless if love is not revealed to him, if he does not encounter love, if he does not experience it and make it his own, if he does not participate intimately in it.  
— John Paul II, Redemptor Hominis

If you were asked what immediately comes to mind when you hear the words Catholic Church, would you answer "an intimate relationship with the God who loves me"?

If not, you would do well to read this engaging and thought-provoking book which explains why such a relationship is the reason for everything the Church does and teaches. Professor Edward Sri will show you how all the pieces of the Catholic faith, including the most baffling ones, fit together to make one beautiful mosaic of God's love for us and our own participation in that all-encompassing love.

Using the Catechism of the Catholic Church as his itinerary, Sri will walk you through all the important aspects of the Catholic Church—what Catholics believe about God and the difference it should make in life.

More than an intellectual enterprise, this work is also a deep spiritual reflection and a practical guide to living out our faith in Christ. It aims to form both the head and the heart, not only helping us to understand Jesus and his plan of salvation, but inspiring us to love God and our neighbor better.

This book is published by *Ignatius Press* and may be purchased at most religious book stores and on [AMAZON.COM](http://AMAZON.COM).

### Easter and the Holy Eucharist by Fr. John A. Hardon, S.J.

#### The Three-fold Sacrament of the Eucharist

Pope John Paul II will go down as one of the greatest minds in the history of the papacy. It was John Paul who explained at length that the Eucharist is a sacrament three times over. It is the Sacrifice-Sacrament of the Mass, the Communion-Sacrament of Holy Communion, and the Presence-Sacrament of the Real Presence.

On all three levels, the Eucharist is the Risen Jesus Christ whose humanity is a channel of divine grace to the world. It is impossible to exaggerate the importance of this truth of our faith. Even as we say this, we must remember that the Holy Eucharist is Jesus Christ who rose from the dead on Easter Sunday.

**Sacrifice-Sacrament.** The Risen Christ offers Himself during the double consecration in the Sacrifice of the Mass. He is on the altar as the Incarnate God in His human nature. He can no longer die a bodily death because He is now in His glorified Body. But He is

ready to die because He has a truly human will by which He would die if He could.

We define sacrifice as the voluntary surrender of something precious to God. In the Mass, Christ makes a voluntary surrender of His human life to His heavenly Father.

Unlike Calvary, in the Mass Christ is offering us along with Himself to His heavenly Father. On our part we are to surrender our wills to the will of God in order to benefit from the graces which the Sacrifice of the Mass confers on the whole human race.

What is the distinctive grace that we receive from the Eucharistic Sacrifice? It is the grace to surrender our wills constantly to the mysterious and often demanding will of God.

**Communion-Sacrament.** In Holy Communion, the Risen Christ gives us Himself in the fullness of His divinity and humanity. The benefits of Holy Communion are beyond human calculation. When we receive our Lord, He strengthens our supernatural life, He gives us the ability to resist the unruly passions of our fallen human nature, He increases our virtues of faith, hope and charity, He removes the guilt of our venial sins and reduces the temporal punishment due to our forgiven sins.

One more effect of Holy Communion needs to be stressed. Receiving our Risen Lord is a promise and assurance of our own bodily resurrection on the Last Day. Saint John records the promise, when the Jews asked themselves, "How can this man give us His flesh to eat?"

Jesus therefore said to them, "Amen, Amen, I say to you, unless you eat the flesh of the Son of Man and drink His blood, you shall not have life in you. He who eats my flesh and drinks My blood has life everlasting and I will raise Him up on the last day" (John 6:53-55).

This is Christ Himself assuring us that the reception of His risen Body in Holy Communion is the guarantee of our own glorious resurrection from the dead.

**Presence-Sacrament.** During His visible presence in Palestine, Christ did mainly two things: He preached God's truth to the people and performed many miracles. Moreover, He foretold that those who believed in Him would witness even greater miracles in the future.

In the Blessed Sacrament, it is the same divine Teacher and the same Miracle Worker who taught and worked wonders during His visible stay before His ascension into heaven. All that is necessary on our part is to believe. Remember what the evangelist tells us in the Gospels? There were places in Palestine where the Savior was unable to convince the people of His teaching and unable to work miracles. Why? Because of their lack of faith.

With resounding emphasis the situation has not changed in our day. Jesus Christ is on earth in every tabernacle where the Blessed Sacrament is reserved, and on every altar where the Holy Eucharist is exposed for the adoration of the faithful. But we must be faithful. We must be full of faith. The measure is our belief that Jesus Christ is now on earth in the Holy Eucharist. In the measure that we believe in His Real Presence, He will teach us the truth, and work miracles in our favor, even greater than the wonders He had performed during His visible stay in Asia Minor.



# EUCCHARISTIC SAINTS

## SAINT JULIANA OF LIÈGE

### THE AUGUSTIAN NUN WHO LOVED JESUS IN THE EUCHARIST



Juliana was born in 1191 in the village of Retinnes in the principality of Liège, which is now Belgium. She and her twin sister Agnes were orphaned at the age of five and raised under the care of the Augustinian nuns in the convent and leprosarium of Mont Cornillon. After many years of studying under Sister Sapienza, who oversaw her spiritual development, Juliana became an Augustinian nun. Sister Juliana was very intelligent. She memorized the writings of the Church fathers, St. Augustine and St. Bernard, in Latin, and like many in her region and generation, she had a strong devotion to the Blessed Sacrament. She loved Christ and had a deep sense of His presence, often contemplating on the words of Jesus, "And lo, I am with you always, to the close of the age" (Matthew 28:20).

When she was sixteen, she had her first vision, which recurred several times during eucharistic adoration. As she was a quiet and humble person, Sister Juliana kept these visions to herself. She would see the moon in its full brilliance with a dark stripe across it. During the vision, the Lord made it known to her that the moon was a symbol of the life of the Church here on earth, and the dark line was the absence of a liturgical feast. The Lord further revealed that she should plead for this special feast so that the Eucharist can be adored, increasing the faith among all people, expanding the practice of the virtues, and making reparation for offenses to the Most Holy Sacrament. Not wanting to call attention to herself, she would keep these visions to herself for 20 years. Sister Juliana was prioress of the convent when she finally confided in two friends who shared the same devotion to the Eucharistic Lord. One of them was Eva, who lived as a hermit, and the other was Isabella, who was also at the monastery at Mont-Cornillon. They were united in their love and devotion to the Most Holy Sacrament. They also engaged a priest, Father John Lausanne and asked him to consult with theologians about this feast.

As most saints go through a period of hardship in their lives, so too did Sister Juliana. She had to endure harsh opposition from some clergy and even the superior of her monastery. Those who opposed her made her life very difficult. She left the convent of her own free will and, with several of her companions, stayed as guests in various monasteries for ten years, from 1248 -1258. Everywhere she stayed, all were amazed and affected by her humility. She never spoke ill or offered criticism for those who stood against her. Instead, she continued to be obedient and stalwart in her endeavor to spread eucharistic worship. Juliana died in 1258 at Fosses-La-Ville, Belgium. In her room where she lay, the Blessed Sacrament was exposed, and according to oral tradition relayed to her biographer, Julianna died with the last gasp of love, contemplating, honoring and adoring the Lord in the Eucharist. The Archdeacon in Liège, Jacques Pantaleon of Troyes was convinced of Juliana's cause to institute the Feast of Corpus Christi. He would later become Pope Urban IV and instituted the Solemnity of Corpus Christi on the Thursday after the Most Holy Trinity as a feast of percept for the universal Church in 1264.

Stark, Julie. "A Woman of Strength: St Julianna of Liège." Diocese of Corpus Christi. 16 May 2021. <https://diocesec.org/news/a-woman-of-strength-st-juliana-of-liege>

## EUCCHARISTIC MIRACLES

### VEROLI, ITALY IN 1570

At Easter in 1570 in the Church of St. Erasmus, the consecrated Host, according to the traditional rite at the time, was placed in a round silver container (pyx) and placed in a burse-like holder. This was later placed in a large, ceremonial silver chalice with its paten; the whole wrapped in an elegant silk cloth. It should be mentioned that at that time exposition of the Blessed Sacrament in a monstrance was not a widespread practice, even though the Council of Cologne (1452) specifically referred to the monstrance. It was the custom for each civil confraternity to be present for an hour of adoration before the exposed Blessed Sacrament. It was at one of these hours of adoration which had the members of the Confraternity of Mercy (which predated both the Confraternity of Corpus Christi and of our Blessed Lady) vested in their black robes and kneeling in prayer. The most authentic document about this Eucharistic miracle was taken immediately by the chancery. This document is preserved in the archives of the Church of St. Erasmus. The detailed deposition and account of the miraculous event is given by a Giacomo Meloni who was among the first witnesses. His testimony follows: "Raising my eyes towards the chalice, I saw a most brilliant star at the base of the chalice's cup, and above the star, the Blessed Sacrament in the size of the Host used by the priest at Mass. The star was attached to the Blessed Sacrament...The vision ended when small children in adoration, similar to small angels, were seen around the Sacred Host...". To this day, this miraculous event is commemorated with solemn ceremony in the presence of the bishop. The chalice, its paten, and the silver pyx where the Blessed Sacrament was exposed, have all been preserved and they remain with the relics/reliquaries of the saints. The Sacred Species (the consecrated Bread) of the miraculous Host of Veroli was consumed after 112 years. In 1970 on the occasion of the fourth centenary of the miracle, the Third Eucharistic Congress of the Diocese of Veroli-Frosinone was celebrated. The adoration of the Blessed Sacrament takes place every First Friday of the month, with all other churches being closed.

"Eucharistic Miracle in Veroli, Italy, 1570." Real Presence Eucharistic Education and Adoration Association..2006. [https://www.therealpresence.org/eucharst/mir/english\\_pdf/Veroli.pdf](https://www.therealpresence.org/eucharst/mir/english_pdf/Veroli.pdf)