

# NATIONAL EUCHARISTIC REVIVAL

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Welcome to this special section of the bulletin dedicated to the National Eucharistic Revival! As our parish continues to observe the second phase of this historic event, we are pleased to provide this dedicated space to weekly information on matters pertaining to the Revival. In addition to announcements regarding special activities and events, this section provides a regular listing of resources, catechesis and directives which are intended to help foster a deeper devotion and a greater understanding of the Holy Eucharist. We invite you to look over this section each week for new and updated content and we pray that as you do so, you will grow in your appreciation and love for Jesus in the Most Blessed Sacrament.



### **The First National Eucharistic Congress in 83 years July 17-21, 2023 | Indianapolis, Indiana**

This is a pivotal moment in both American history and the legacy of the Catholic Church. We are expecting tens of thousands of pilgrims – but space is limited. Jesus Christ will be there. Will you?

***Ticket, travel & accomodation packages are now available from the diocese but they are limited!*** If you wish to attend, you should act now before the seats are gone. You may contact Anne Houston at 973-479-6467 or the Office of Evangelization & Communication at the Diocese of Metuchen.

### **OFFICIAL PRAYERS NATIONAL EUCHARISTIC REVIVAL**

O SACRED BANQUET, in which Christ is received, the memory of His Passion is renewed, the mind is filled with grace, and a pledge of future glory is given to us.

MY GOD, I believe, I adore, I hope and I love Thee! I beg pardon for those who do not believe, do not adore, do not hope and do not love Thee.

O MOST HOLY TRINITY, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifference by which He is offended. By the infinite merits of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I beg the conversion of poor sinners.



## NATIONAL Eucharistic Pilgrimage

The National Eucharistic Pilgrimage has publicly launched!

The NEP (<https://www.eucharisticpilgrimage.org/>) will consist of four cross-country Eucharistic processions, collectively traversing the entire continental United States over a two-month period, beginning during the feast of Pentecost, May 17-19, 2024.

The pilgrimage is being organized by the National Eucharistic Revival campaign in conjunction with Modern Catholic Pilgrim, a Catholic nonprofit dedicated to deepening the faith across



the country through pilgrimages. Along the way, the pilgrims will make stops in major US cities, churches, Catholic colleges, and holy sites. Parishes along the routes will host Mass, adoration, devotions, praise and workshop, lectures on the Eucharist, and more.

The Seton Route, which will begin in New Haven, Connecticut, will be passing through the Diocese of Metuchen on May 27-29, 2024. The four pilgrimage processions will ultimately converge in Indianapolis on July 16, 2024, to participate in the National Eucharistic Congress. Adam Carlisle, Secretary of Evangelization and Communication, will be helping to organize our diocese's involvement. If anyone is interested in assisting with this important event, please feel free to contact Adam Carlisle at [acarlisle@diometuchen.org](mailto:acarlisle@diometuchen.org).

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## PERPETUAL ADORATION OF THE BLESSED SACRAMENT



Our parish offers Exposition of the Blessed Sacrament 24/7 in our Eucharistic Adoration Chapel located in the Parish Center. We are very blessed to be the only parish in the Diocese of Metuchen to offer Perpetual Adoration. We welcome and encourage you to regularly visit our chapel and to invite others as well.

## EUCCHARISTIC GUARDIANS



We are always in need of more Eucharistic Guardians. Eucharistic Guardians dedicate themselves to an hour of silent prayer each week in the presence of the Blessed Sacrament. They make Perpetual Adoration possible by assuring that Jesus is never left alone.

For more information or to sign up, please call the Parish Office or Gerry Aboyme at 732-266-4145.

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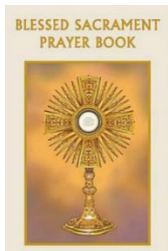
## RESOURCES

### TO HELP FOSTER DEVOTION TO THE HOLY EUCHARIST

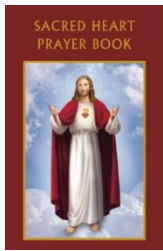
The following items are available at the Parish Center:

#### 7 Secrets of the Eucharist Book and Study Guide

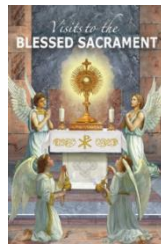
The 4-week parish workshop based on Vinny Flynn's book *7 Secrets of the Eucharist* recently concluded, and we have a limited supply of extra books and study guides available for sale at the parish center for \$10 each.



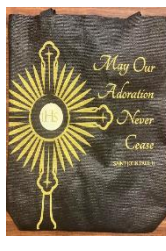
BLESSED SACRAMENT PRAYER BOOK - \$8.00



SACRED HEART PRAYER BOOK - \$8.00



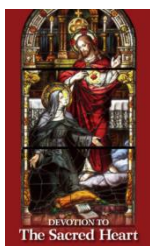
VISITS TO THE BLESSED SACRAMENT - \$8.00



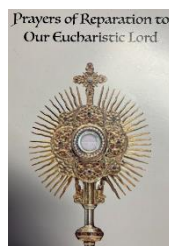
TOTE BAG - \$2.00



THE BLESSED SACRAMENT - GOD IS WITH US - \$5.00



DEVOTION TO THE SACRED HEART - \$5.00



PRAYERS OF REPARATION TO OUR EUCHARISTIC LORD - \$2.00



MONSTRANCE LAPEL PIN - \$2.00

### **THE MYSTERY OF THE EUCHARIST IN THE LIFE OF THE CHURCH**

is the 2021 United States Catholic Conference of Bishops document on the Eucharist – the doctrinal source text for the National Eucharistic Revival. To read the document, visit the Bishop's Conference Official Website at: [www.usccb.org](http://www.usccb.org).

## EUCCHARISTIC REVIVAL

### Pilgrimage Passport

June 2023 – June 2024



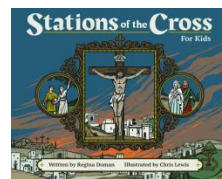
The children in the religious education program here at Our Lady of Fatima Church are engaging in the Year of Eucharistic

Revival by making a pilgrimage to various chapels, shrines and holy sites within the surrounding area to visit Jesus in the Blessed Sacrament. They have each received a little "passport" to take with them and to get stamped as they complete their visit to each site. If you would like to participate in this spiritual pilgrimage as well, pick up a passport at the main entrance to the church. We hope many children will partake in this wonderful experience visiting Jesus! Additional information can be found on our parish website [www.olfparish.org](http://www.olfparish.org).

### RESOURCES FOR CHILDREN - *Pick of the Week*

## Stations of the Cross for Kids

By Regina Doman



This fully illustrated version of the traditional Stations of the Cross contains new meditations by children's author Regina Doman (Angel in the Waters) along with:

- Scripture verses that point to each station,
- Traditional prayers attributed to St. Francis of Assisi and St. Alphonsus Ligouri,
- Lyrics to the traditional hymn "Stabat Mater" (At the Cross Her Station Keeping) in both Latin and English,
- A feature that gives historical and scriptural lessons concerning the tradition of walking the Way of the Cross
- A final prayer that ties the stations to Eucharistic adoration throughout the liturgical year.
- Detailed pictures compliment the text and allow the reader to follow Christ and his Mother as they make their way through the streets of Jerusalem on the way to Calvary..

This item may be purchased on AMAZON or on the Catholic Company website (<https://www.catholiccompany.com/stations-of-cross-kids-i132737/>)

**"We should commit ourselves to 'eucharistic coherence,' that is, we should be conscious that people cannot receive holy communion and at the same time act or speak against the commandments, in particular when abortions, euthanasia, and other serious crimes against life and family are facilitated. This responsibility applies particularly to legislators, governors, and health professionals."**

– Pope Francis

**O Sisters, if we would only comprehend the fact that while the Eucharistic Species remain within us, Jesus is there and working in us inseparably with the Father and the Holy Spirit and therefore the whole Holy Trinity is there.**

– St. Magdalena de Pazzi

# Learn more about the Sacred Liturgy and the Holy Eucharist on **FORMED**

*This week, we recommend the following Series:*

## **Metanoia: A Journey With Christ Into Conversion**



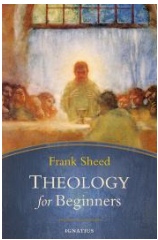
**METANOIA** - and believe in the Gospel. In the Gospel of Mark, the first words of Jesus are an invitation to metanoia, to repent, to change, to be converted. This series is beautifully filmed on location in the Holy Land, highlighting sacred places such as the Sea of Galilee, the River Jordan, the desert of Temptations, and many of the holy sites in Jerusalem.

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## **BOOKS ON THE HOLY EUCHARIST**

*Pick of the Week*

### **Theology for Beginners By Frank Sheed**



The acclaimed Catholic writer and apologist Frank Sheed presents one of the most clear and outstanding explanations of the central doctrines of the Christian faith ever written. He starts with a compelling case of good reasons for anyone to study theology, and the wonderful rewards that accompany such a pursuit.

After explaining how God is Spirit, Sheed examines God's infinity and man's creation from nothing. He then covers in depth such key doctrines as the Trinity, the Fall, the Incarnation and Redemption, the Mystical Body, Grace and the Sacraments, and the Last Things. For those to whom these doctrines seem formidable, Sheed brings a fresh approach with lucid and carefully reasoned prose. His beautiful insights and clear explanations will help stir our minds to the inspiring truth of the spiritual realities at the center of human existence.

This book is published by *Ignatius Press* and may be purchased at most religious book stores and on [AMAZON.COM](http://AMAZON.COM).

### **Eucharistic Theology by Fr. John A. Hardon, S.J.**

In the sixteenth century, theories concerning the Holy Eucharist ranged from complete symbolism to some kind of spiritual presence. To meet this challenge to the Catholic faith, the Council of Trent defined the Real Presence in a series of four canons:

1. The Church condemned "anyone who denies that the body and blood, together with the soul and divinity, of our Lord Jesus Christ and, therefore the *whole Christ* is truly, really, and substantially contained in the sacrament of the Holy Eucharist, but says that Christ is present in the sacrament only as a sign, or figure, or by his power."

### **The "Whole Christ"**

The expression "whole Christ" means that Christ is present in the "fullness of his divine and human natures"; it means that he is present under the sacramental appearances with the "totality of his divine attributes as well as human properties." How such is possible is part of theological speculation, but the fact is a matter of faith.

2. Some adversaries of the day were ready to admit a Real Presence, even a corporeal one, but claimed that Christ was present along with the elements of bread and wine. Not so, the Council held, as though "the substance of bread and wine remains in the holy sacrament of the Eucharist together with the body and blood of our Lord Jesus Christ." This would be to deny "that wonderful and extraordinary change of the whole substance of bread" into Christ's Body and whole substance of the wine into his Blood, while only the species of bread and wine remain, a change that the Catholic Church has fittingly called transubstantiation.

3. The Church answered the question whether Christ was present entirely under the form of bread alone or wine alone, or was he present only under the forms of bread and wine together. The Council affirmed that "in the venerable sacrament of the Eucharist the whole Christ is contained under each species and under each and every portion of either species when it is divided up." In the sixteenth century, the strong insistence that the chalice be given to everyone occasioned this definition, which was also the doctrinal foundation for receiving only under the form of bread.

4. Another theory held that the Real Presence is to be identified with the liturgical action. The Church declared that one cannot say that the Body and Blood of our Lord Jesus Christ are "present only in the use of the sacrament while it is being received, and not before or after, and that the true Body of the Lord does not remain in the consecrated hosts or particles. that are left over after Communion." This definition of the Council of Trent implies that Christ is present in the Eucharist really and objectively. His presence does not depend on the people's faith, piety or devotion.

Given the fact of Christ's presence as long as the species remain, it was only logical for the Church to worship the Blessed Sacrament as it would the presence of Jesus himself. As a result, he is to be adored "in the sacrament of the Eucharist with the worship of *latria*, including the external worship." Concretely this means that the Blessed Sacrament is to be "honored with extraordinary festive celebrations" and "solemnly carried from place to place" and "is to be publicly exposed for the people's adoration."

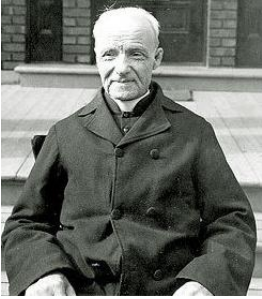
...As Presence, Christ confers grace on a sinful world just because he is in the tabernacle. As Sacrifice, Christ pours down his blessings of mercy on the whole human race every time that Mass is offered. And as Communion, he feeds our souls with his love, so that we might love him in return.

Our spiritual life will grow and our apostolates will flourish, on one condition: that we center our lives on the Eucharist. Why? Because the Eucharist is Jesus Christ living on earth, in our midst, today.

# EUCCHARISTIC SAINTS

## ST. BROTHER ANDRÉ BESSETTE

### WHO CALLED HIMSELF ST. JOSEPH'S LITTLE DOG



Br. Andre Bessette called himself St. Joseph's little dog. He was born in Saint-Gregoire d'Iberville Quebec, Canada, August 9, 1845, and raised in a devout French Catholic family. By the time Br. Andre was twelve, both of his parents had died, and he was sent to live and work with relatives. Br. Andre's father was a carpenter like St. Joseph and his mother had a great devotion to St. Joseph which she passed on to little Andre, who was a sickly child. Br. Andre "had already often thought of Saint Joseph watching over the Child Jesus and he had made up his mind to imitate this saintly Workman, for he also was to watch over the Infant God Whom he carried at all times in his soul by divine grace and Whom he received with such deep piety in Holy Communion".

Br. Andre faced many challenges, especially as he tried to become a Holy Cross Brother. He grew in holiness and received the great gifts of compassion for the sick and healing, through the intercession of St. Joseph. He wanted to build a Shrine to St. Joseph on Mt. Royal across from the college where he worked as a doorkeeper, in Montreal, Quebec. He began with poor health, little education and no money and even his own Brothers said it was impossible. Still, Br. Andre placed total faith in God and the assistance of St. Joseph. A medal of St. Joseph was buried in the ground, where Br. Andre wished to build the Shrine, and countless prayers were offered. Miracles happened. A small Church was built, then a larger one. When the walls stood and there was no money for a roof, Br. Andre placed a statue of St. Joseph in the middle and said that the Saint would provide his own shelter; with Br. Andre's help and hard work he did. St. Joseph's home kept growing!

Br. Andre led weekly Stations of the Cross and a Holy Hour of Eucharistic Adoration in the small chapel. His love of the Holy Eucharist was impregnated with a love for the sufferings of the Master; the Holy Hour which he inaugurated at the Oratory [of St. Joseph] every Friday evening was followed by the Way of the Cross. So great was Br. Andre's love for the Blessed Sacrament that he often spent his nights in prayer before Jesus. Br. Andre's bedroom, in which he cared for the sick and dying throughout the night, overlooked the chapel. Br. Andre cut out a window in his room so he could look at the tabernacle and pray to Him day and night.

Br. Andre spent hours in Eucharistic Adoration. Some of his quotes are below:

- "What would your wife say if you were a whole month without showing her any marks of affection? She would say that you do not love her. You would cause trouble in your home. Well, when you do not receive Communion God says to Himself that you do not love Him. And there is trouble in your soul."
- "If you ate only one meal a week would you survive? It is the same for your soul. Nourish it with the Blessed Sacrament."
- "Receive the Holy Communion often. Our Lord cannot refuse you anything when He is there in your heart. You will find strength and solace in this act".
- "O Holy angels, make me see God on the altar as you see Him in heaven."

It is often said that a dog is a man's best friend. Br. Andre, St. Joseph's little dog, certainly deserves the title of his best friend. Sometimes it was as if he was speaking with St. Joseph, said those who saw him in prayer. Br. Andre's advice to those wanting cures was simple: "Rub yourself with the blessed medal [of St. Joseph] and with St. Joseph's oil. Make a novena". Br. Andre encouraged novenas of Holy Communion, the Sacrament of Confession and the Stations of the Cross.

Br. Andre died on January 6, 1937, on the Feast of the Epiphany. A million people traveled to Montreal in the cold and snow to pay their respects to Br. Andre. Above all, Br. Andre desired for people to grow close to God and be healed. He was willing to offer up any sacrifice for the conversion of one soul. Br. Andre cared deeply about the sick, poor and suffering of the world. Today, when visiting the St. Joseph's Oratory, it is amazing to see the thousands of crutches and braces left behind by those who were cured. People continue to pray, through the intercession of St. Joseph and Br. Andre, for their many needs. In the words of Br. Andre: "Seldom have I met someone who has come to the shrine and left without consolation, without feeling better about life." "Place yourself in God's hands. He will not abandon you." Yearly, over two million people visit St. Joseph's Oratory in Montreal, the largest shrine in the world to St. Joseph. Br. Andre is entombed there.