

NATIONAL EUCHARISTIC REVIVAL

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Welcome to this special section of the bulletin dedicated to the National Eucharistic Revival! As our parish continues to observe the second phase of this historic event, we are pleased to provide this dedicated space to weekly information on matters pertaining to the Revival. In addition to announcements regarding special activities and events, this section provides a regular listing of resources, catechesis and directives which are intended to help foster a deeper devotion and a greater understanding of the Holy Eucharist. We invite you to look over this section each week for new and updated content and we pray that as you do so, you will grow in your appreciation and love for Jesus in the Most Blessed Sacrament.



The First National Eucharistic Congress in 83 years July 17-21, 2023 | Indianapolis, Indiana

This is a pivotal moment in both American history and the legacy of the Catholic Church. We are expecting tens of thousands of pilgrims – but space is limited. Jesus Christ will be there. Will you?

Ticket, travel & accomodation packages are now available from the diocese but they are limited! If you wish to attend, you should act now before the seats are gone. You may contact Anne Houston at 973-479-6467 or the Office of Evangelization & Communication at the Diocese of Metuchen.

OFFICIAL PRAYERS NATIONAL EUCHARISTIC REVIVAL

O SACRED BANQUET, in which Christ is received, the memory of His Passion is renewed, the mind is filled with grace, and a pledge of future glory is given to us.

MY GOD, I believe, I adore, I hope and I love Thee! I beg pardon for those who do not believe, do not adore, do not hope and do not love Thee.

O MOST HOLY TRINITY, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifference by which He is offended. By the infinite merits of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I beg the conversion of poor sinners.



NATIONAL Eucharistic Pilgrimage

The National Eucharistic Pilgrimage has publicly launched!

The NEP (<https://www.eucharisticpilgrimage.org/>) will consist of four cross-country Eucharistic processions, collectively traversing the entire continental United States over a two-month period, beginning during the feast of Pentecost, May 17-19, 2024.

The pilgrimage is being organized by the National Eucharistic Revival campaign in conjunction with Modern Catholic Pilgrim, a Catholic nonprofit dedicated to deepening the faith across



the country through pilgrimages. Along the way, the pilgrims will make stops in major US cities, churches, Catholic colleges, and holy sites. Parishes along the routes will host Mass, adoration, devotions, praise and workshop, lectures on the Eucharist, and more.

The Seton Route, which will begin in New Haven, Connecticut, will be passing through the Diocese of Metuchen on May 27-29, 2024. The four pilgrimage processions will ultimately converge in Indianapolis on July 16, 2024, to participate in the National Eucharistic Congress. Adam Carlisle, Secretary of Evangelization and Communication, will be helping to organize our diocese's involvement. If anyone is interested in assisting with this important event, please feel free to contact Adam Carlisle at acarlisle@diometuchen.org.

PERPETUAL ADORATION OF THE BLESSED SACRAMENT



Our parish offers Exposition of the Blessed Sacrament 24/7 in our Eucharistic Adoration Chapel located in the Parish Center. We are very blessed to be the only parish in the Diocese of Metuchen to offer Perpetual Adoration. We welcome and encourage you to regularly visit our chapel and to invite others as well.

EUCCHARISTIC GUARDIANS



We are always in need of more Eucharistic Guardians. Eucharistic Guardians dedicate themselves to an hour of silent prayer each week in the presence of the Blessed Sacrament. They make Perpetual Adoration possible by assuring that Jesus is never left alone. For more information or to sign up, please call the Parish Office or

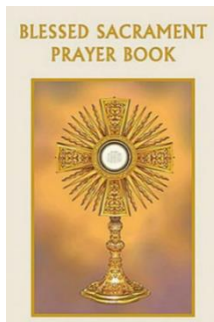
Gerry Aboyme at 732-266-4145.

RESOURCES

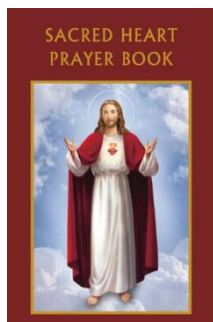
TO HELP FOSTER DEVOTION TO THE HOLY EUCHARIST

The following items are available at the Parish Center:

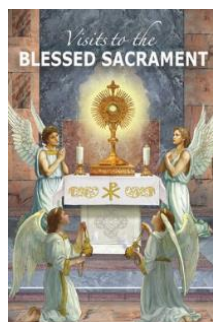
Tote Bags are back in stock! - \$2.00 each



BLESSED SACRAMENT PRAYER BOOK - \$8.00



SACRED HEART PRAYER BOOK - \$8.00



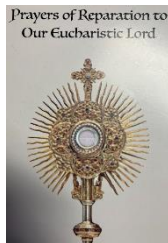
VISITS TO THE BLESSED SACRAMENT - \$8.00



THE BLESSED SACRAMENT - GOD IS WITH US - \$5.00



DEVOTION TO THE SACRED HEART - \$5.00



PRAYERS OF REPARATION TO OUR EUCHARISTIC LORD - \$2.00



MONSTRANCE LAPEL PIN - \$2.00

THE MYSTERY OF THE EUCHARIST IN THE LIFE OF THE CHURCH is the 2021 United States Catholic Conference of Bishops document on the Eucharist – the doctrinal source text for the National Eucharistic Revival. To read the document, visit the Bishop's Conference Official Website at: www.usccb.org.

EUCCHARISTIC REVIVAL

Pilgrimage Passport

June 2023 – June 2024



The children in the religious education program here at Our Lady of Fatima Church are engaging in the Year of Eucharistic Revival by making

a pilgrimage to various chapels, shrines and holy sites within the surrounding area to visit Jesus in the Blessed Sacrament. They have each received a little "passport" to take with them and to get stamped as they complete their visit to each site. If you would like to participate in this spiritual pilgrimage as well, pick up a passport at the main entrance to the church. We hope many children will partake in this wonderful experience visiting Jesus! Additional information can be found on our parish website www.olfparish.org.

RESOURCES FOR CHILDREN - *Pick of the Week*

ABC Catholic Wooden Alphabet Blocks



- 26 laser-etched wooden blocks
- Feature 26 saints, alphabet, numbers, Catholic symbols
- Natural wood, playroom staple for every family
- Helps develop motor & early learning skills in little Catholics

- Perfect for Baby Showers, Baptism, or Holiday gift giving

A wonderful set of 26 laser-etched, heirloom quality wooden blocks, and a must for every little Catholic. From Anne to Zita, these are a sweet gift, fun and versatile toy, and the perfect way to begin teaching children about their Faith while developing motor skills and early learning and literacy.

Featuring six sides of learning fun, each 1.5" natural finished rubberwood block has smooth edges and laser artwork including counting dots, uppercase and lowercase letters, Catholic Saints images & names, numbers, and Catholic symbols. Natural wood tones makes each set unique, and colors may vary slightly from set to set. Perfect for Baby Showers, Baptisms, and holiday gifts, these are a great playroom staple for any Catholic home.

Includes the Following Saints: St. Anne, St. Benedict, St. Clare of Assisi, St. Dominic, St. Elizabeth Ann Seton, St. Francis of Assisi, St. Gertrude the Great, St. Hildegard of Bingen, St. Ignatius of Loyola, St. Joseph, St. Kateri Tekakwitha, St. Lawrence, St. Margaret Clitherow, St. Nicholas, St. Opportuna, St. Peter, St. Quentin, St. Rose of Lima, St. Stephen, St. Thomas Aquinas, St. Ursula, St. Valentine, St. Wilfrid, St. Francis Xavier, St. Yves, and St. Zita.

This item may be purchased on AMAZON or on the Catholic Company website (www.catholiccompany.com/abc-catholic-wooden-alphabet-blocks/).

Learn more about the Sacred Liturgy and the Holy Eucharist on

FORMED

This week, we recommend the following Series:

The Eucharist for Little Children



"Jesus said, Let the children come to me."— Mark 10:14

These simple words inspire us to lead our children to Christ. The

Sacrament of the Eucharist is the primary way to experience communion with Christ. In The Eucharist for Little Children, your children will begin to understand the Real Presence of our Lord in the Eucharist. They will encounter Jesus in the solemnity of the Mass, the quiet of adoration, and the splendor of a Corpus Christi Procession. Your children will also experience the Lord through the traditional beauty of the Church, inspiring music, and the vibrant spirit of our host Jennifer Naimo. Jennifer brings her Broadway talent to a new dimension in this ministry to little children.

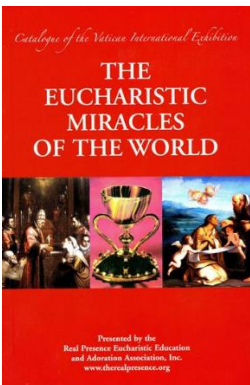
This video is a wonderful way to prepare your children for their first Holy Communion, as well as give them a better understanding of the Mass.

BOOKS ON THE HOLY EUCHARIST

Pick of the Week

The Eucharistic Miracles of the World (2nd Edition 2016)

by Real Presence Eucharistic Education



Through this book, the remarkable Vatican International Exhibition of The Eucharistic Miracles of the World, can be brought into the homes of the faithful, into parishes and schools, and into the hands of all who desire to come to know or to ponder anew the Mystery of Faith, which is inexhaustible in its richness for our life and salvation.

Containing over 100 accounts of Eucharistic Miracles from around the

world, along with an extensive assortment of photographs and historical descriptions, this is an amazing collection of some of the ways in which Our Lord has revealed His Real Presence in the Holy Eucharist!

This book is published by Real Presence Eucharistic Education and Adoration Association, Inc. and may be purchased at most religious book stores and on AMAZON.COM.

The Power of Christ's Blood

Catecheses by St. John Chrysostom

If we wish to understand the power of Christ's blood, we should go back to the ancient account of its prefiguration in Egypt. *Sacrifice a lamb without blemish*, commanded Moses, and *sprinkle its blood on your doors*. If we were to ask him what he meant, and how the blood of an irrational beast could possibly save men endowed with reason, his answer would be that the saving power lies not in the blood itself, but in the fact that it is a sign of the Lord's blood. In those days, when the destroying angel saw the blood on the doors he did not dare to enter, so how much less will the devil approach now when he sees, not that figurative blood on the doors, but the true blood on the lips of believers, the doors of the temple of Christ.

If you desire further proof of the power of this blood, remember where it came from, how it ran down from the cross, flowing from the Master's side. The gospel records that when Christ was dead, but still hung on the cross, a soldier came and pierced his side with a lance and immediately there poured out water and blood. Now the water was a symbol of baptism and the blood, of the holy eucharist. The soldier pierced the Lord's side, he breached the wall of the sacred temple, and I have found the treasure and made it my own. So also with the lamb: the Jews sacrificed and victim and I have been saved by it.

There flowed from his side water and blood. Beloved, do not pass over this mystery without thought; it has yet another hidden meaning, which I will explain to you. I said that water and blood symbolized baptism and holy eucharist. From these two sacraments the Church is born: from baptism, *the cleansing water that gives rebirth and renewal through the Holy Spirit*, and from the holy eucharist. Since the symbols of baptism and the eucharist flowed from his side, it was from his side that Christ fashioned the Church as he had fashioned Eve from the side of Adam. Moses gives a hint of this when he tells the story of the first man and makes him exclaim: *Bone from my bones and flesh from my flesh!* As God then took a rib from Adam's side to fashion a woman, so Christ has given us blood and water from his side to fashion the Church. God took the rib when Adam was in a deep sleep, and in the same way Christ gave us the blood and water after his own death.

Do you understand, then, how Christ has united his bride to himself and what food he gives us all to eat? By one and the same food we are both brought into being and nourished. As a woman nourishes her child with her own blood and milk, so does Christ, unceasingly nourish with his own blood those to whom he himself has given life.

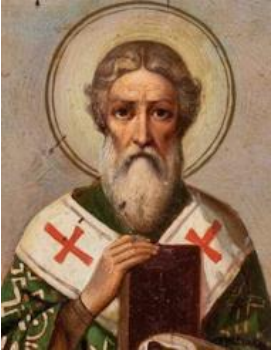
"Enrich your soul in the great goodness of God: The Father is your table, the Son is your food, and the Holy Spirit waits on you and then makes His dwelling in you."

— St. Catherine of Siena

EUCCHARISTIC SAINTS

ST. CYRIL OF JERUSALEM

EARLY CHURCH FATHER AND DOCTOR OF THE CHURCH



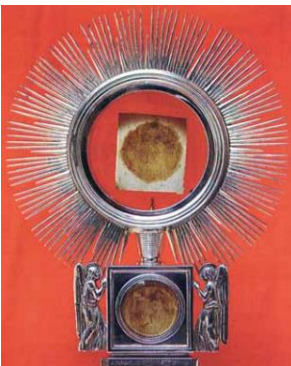
St. Cyril of Jerusalem was born just about the time the Emperor Constantine legalized Christianity in the Roman Empire (313 AD) and was a boy when Queen Helena came to Jerusalem and erected the Church of the Holy Sepulchre over the site of Golgotha and the empty tomb. This church became Cyril's cathedral when he became bishop of the Holy City of about 349 AD. St. Cyril was banished from his Jerusalem see a total of three times for his bold proclamation of faith in Christ's full divinity during a time when many bishops and emperors favored various forms of the Arian heresy.

Saint Cyril of Jerusalem is one of the most important sources we have for how the church celebrated the liturgy and sacraments during the first few decades after the legalization of Christianity. In his famous 24 lectures commonly known as the Jerusalem Catecheses, Saint Cyril instructs new Christians in the days immediately before and after their initiation into the life of the Church at the Easter Vigil. In these catechetical instructions, which are the only documents that survive by St. Cyril, we find very strong insistence on the value and efficacy of the sacrament of baptism as well as heavy emphasis on the real presence of Christ's body and blood in the sacrament of the Eucharist. St. Cyril of Jerusalem is considered to be one of the Early Church Fathers and Pope Leo XIII also added him to the number of the Doctors of the Catholic Church in 1882. He attended the First Council of Constantinople which completed the Creed commonly known as the Nicene Creed in 381, and died in 386, just five years afterwards.

D'Ambrosio, Marcellino. "St. Cyril of Jerusalem." Crossroads Initiative. 12 February 2023. <https://www.crossroadsinitiative.com/author/cyrl-of-jerusalem/>.

EUCCHARISTIC MIRACLES

The Eucharistic Miracle of Cascia, Italy



At Cascia, in the basilica dedicated to St. Rita, is also preserved the relic of the Eucharistic Miracle, which happened near Siena in 1330. A priest was asked to bring Communion to a sick peasant. The priest took a consecrated Host which he irreverently placed in the pages of his breviary and went to the peasant. When he arrived at the house of the sick man, after hearing his confession, he opened the book to take out the Host which he had placed there. To his great surprise he found that the Host was stained with living blood, so much as to mark both pages between which the Blessed Sacrament had been placed. The priest, confused and penitent, went immediately to Siena to the Augustinian Priory to ask the counsel of Fr. Simone Fidati of Cascia, known by all to be a holy man. Fr. Fidati, having heard the story, granted pardon to the priest and asked to keep the two pages marked by Blood. Many popes have promoted veneration, conceding indulgences. In the act of recognition of the relic of the Eucharistic miracle of Cascia in 1687, a text was also reported of a very ancient code of the priory of St. Augustine in which are described numerous pieces of information regarding the miracle. Beyond this information, the episode is also mentioned in the Communal Statutes of Cascia of 1387 where it was ordered that "every year on the Feast of Corpus Christi, the authorities, the counsels, and the people of Cascia should meet in the Church of St. Augustine and follow the priest, who should carry the venerable relic of the Most Holy Body of Christ in procession through the city". In 1930, on the occasion of the sixth centenary of the event, a Eucharistic Congress was celebrated at Cascia for the entire diocese of Norcia. A precious and artistic monstrance was consecrated, and the entire historical documentation of the miracle was published.

"Eucharistic Miracle of Cascia, Italy, 1330." Real Presence Eucharistic Education and Adoration Association, 2006. https://www.therealpresence.org/eucharst/mir/english_pdf/Cascia.pdf