

# NATIONAL EUCHARISTIC REVIVAL

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Welcome to this special section of the bulletin dedicated to the National Eucharistic Revival! As our parish continues to observe the second phase of this historic event, we are pleased to provide this dedicated space to weekly information on matters pertaining to the Revival. In addition to announcements regarding special activities and events, this section provides a regular listing of resources, catechesis and directives which are intended to help foster a deeper devotion and a greater understanding of the Holy Eucharist. We invite you to look over this section each week for new and updated content and we pray that as you do so, you will grow in your appreciation and love for Jesus in the Most Blessed Sacrament.



### **The First National Eucharistic Congress in 83 years July 17-21, 2023 | Indianapolis, Indiana**

This is a pivotal moment in both American history and the legacy of the Catholic Church. We are expecting tens of thousands of pilgrims – but space is limited. Jesus Christ will be there. Will you?

***Ticket, travel & accomodation packages are now available from the diocese but they are limited!*** If you wish to attend, you should act now before the seats are gone. You may contact Anne Houston at 973-479-6467 or the Office of Evangelization & Communication at the Diocese of Metuchen.

### **OFFICIAL PRAYERS NATIONAL EUCHARISTIC REVIVAL**

O SACRED BANQUET, in which Christ is received, the memory of His Passion is renewed, the mind is filled with grace, and a pledge of future glory is given to us.

MY GOD, I believe, I adore, I hope and I love Thee! I beg pardon for those who do not believe, do not adore, do not hope and do not love Thee.

O MOST HOLY TRINITY, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifference by which He is offended. By the infinite merits of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I beg the conversion of poor sinners.



## NATIONAL Eucharistic Pilgrimage

The National Eucharistic Pilgrimage has publicly launched!

The NEP (<https://www.eucharisticpilgrimage.org/>) will consist of four cross-country Eucharistic processions, collectively traversing the entire continental United States over a two-month period, beginning during the feast of Pentecost, May 17-19, 2024.

The pilgrimage is being organized by the National Eucharistic Revival campaign in conjunction with Modern Catholic Pilgrim, a Catholic nonprofit dedicated to deepening the faith across



the country through pilgrimages. Along the way, the pilgrims will make stops in major US cities, churches, Catholic colleges, and holy sites. Parishes along the routes will host Mass, adoration, devotions, praise and workshop, lectures on the Eucharist, and more.

The Seton Route, which will begin in New Haven, Connecticut, will be passing through the Diocese of Metuchen on May 27-29, 2024. The four pilgrimage processions will ultimately converge in Indianapolis on July 16, 2024, to participate in the National Eucharistic Congress. Adam Carlisle, Secretary of Evangelization and Communication, will be helping to organize our diocese's involvement. If anyone is interested in assisting with this important event, please feel free to contact Adam Carlisle at [acarlisle@diometuchen.org](mailto:acarlisle@diometuchen.org).

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## PERPETUAL ADORATION OF THE BLESSED SACRAMENT



Our parish offers Exposition of the Blessed Sacrament 24/7 in our Eucharistic Adoration Chapel located in the Parish Center. We are very blessed to be the only parish in the Diocese of Metuchen to offer Perpetual Adoration. We welcome and encourage you to regularly visit our chapel and to invite others as well.

## EUCCHARISTIC GUARDIANS



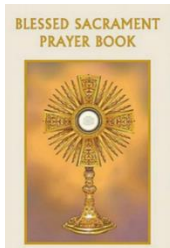
We are always in need of more Eucharistic Guardians. Eucharistic Guardians dedicate themselves to an hour of silent prayer each week in the presence of the Blessed Sacrament. They make Perpetual Adoration possible by assuring that Jesus is never left alone. For more information or to sign up, please call the Parish Office or Gerry Abyme at 732-266-4145.

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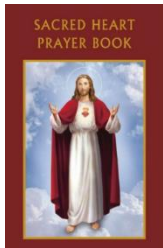
## RESOURCES

### TO HELP FOSTER DEVOTION TO THE HOLY EUCHARIST

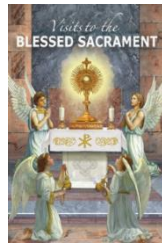
The following items are available at the Parish Center:



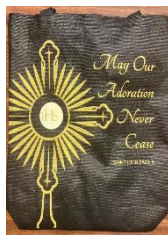
BLESSED SACRAMENT PRAYER BOOK - \$8.00



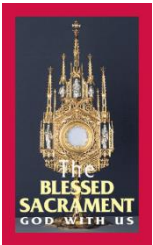
SACRED HEART PRAYER BOOK - \$8.00



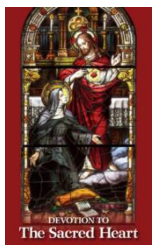
VISITS TO THE BLESSED SACRAMENT - \$8.00



TOTE BAG - \$2.00



THE BLESSED SACRAMENT - GOD IS WITH US - \$5.00



DEVOTION TO THE SACRED HEART - \$5.00



PRAYERS OF REPARATION TO OUR EUCHARISTIC LORD - \$2.00



MONSTRANCE LAPEL PIN - \$2.00

**THE MYSTERY OF THE EUCHARIST IN THE LIFE OF THE CHURCH** is the 2021 United States Catholic Conference of Bishops document on the Eucharist – the doctrinal source text for the National Eucharistic Revival. To read the document, visit the Bishop's Conference Official Website at: [www.usccb.org](http://www.usccb.org).

## EUCCHARISTIC REVIVAL

### Pilgrimage Passport

June 2023 – June 2024



The children in the religious education program here at Our Lady of Fatima Church are engaging in the Year of Eucharistic Revival by making

a pilgrimage to various chapels, shrines and holy sites within the surrounding area to visit Jesus in the Blessed Sacrament. They have each received a little "passport" to take with them and to get stamped as they complete their visit to each site. If you would like to participate in this spiritual pilgrimage as well, pick up a passport at the main entrance to the church. We hope many children will partake in this wonderful experience visiting Jesus! Additional information can be found on our parish website [www.olfparish.org](http://www.olfparish.org).

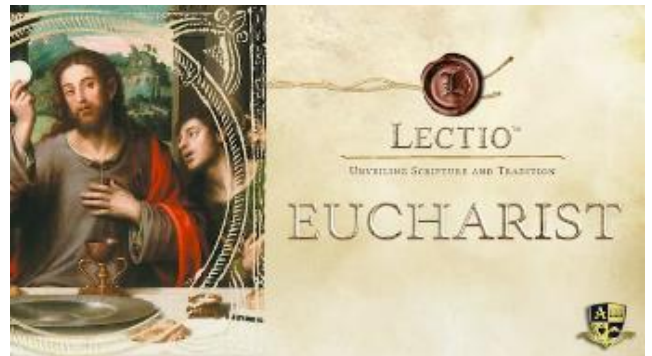
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Learn more about the Sacred Liturgy and the Holy Eucharist on

**FORMED**

This week, we recommend the following Series:

**Lectio: Eucharist with Dr. Brant Pitre**



Acclaimed author and teacher Dr. Brant Pitre digs down to the biblical roots of the Eucharist, through its foreshadowing in the miraculous events of the Old Testament, the Gospels, and Apostolic teaching.

"The Lamb of God," "The Bread of Life," "The Body and the Blood of Christ"... these are phrases we know from the Mass. But do we understand what they mean in the greater and deeper context of Scripture and Church teaching? We'll discover firsthand how Christ's Body and Blood are an integral and wondrous part of God's plan for our salvation.

**"The Eucharist is a fire which inflames us."**

– St. John of Damascus

**"We must visit Jesus in the Blessed Sacrament a hundred thousand times a day."**

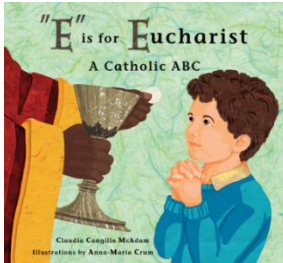
– St. Francis de Sales



## E is for Eucharist: A Catholic ABC

by Claudia Cangilla McAdam  
and Claudio R. Salvucci

Illustrated by Anna-Maria Crum



Catholic parents, grandparents, and educators continually seek books that assist children in understanding their faith. "E" is for Eucharist is an alphabet book that introduces kids to some of the unique aspects of Catholicism. Through an engaging rhyming text and gorgeously rendered illustrations, young readers

view children like themselves as active participants in the Church. This ABC book can be a jumping-off point for discussions about things that set the Catholic faith apart, such as Queen of Heaven, Rosary, Sacraments, and Tabernacle. Could there possibly be something for "X" and "Z" that might enlighten adults as well as kids? Most certainly! A free Discussion and Activities Guide available at the author's website, [www.ClaudiaMcAdam.com](http://www.ClaudiaMcAdam.com), expands the scope of the book and gives kids fun things to do that deepen the appreciation of the faith.

This item may be purchased on AMAZON or on the TAN BOOKS website (<https://tanbooks.com/products/books/e-is-for-eucharist-a-catholic-abc/>).

**"There is nothing so great as the Eucharist. If God had something more precious, He would have given it to us." – St. John Vianney**

**"We cannot separate our lives from the Eucharist; the moment we do, something breaks. People ask, 'Where do the sisters get the joy and the energy to do what they are doing?' The Eucharist involves more than just receiving; it also involves satisfying the hunger of Christ. He says, 'Come to Me.' He is hungry for souls."**

**– St. Teresa of Calcutta**

**"Out of the darkness of my life, so much frustrated, I put before you the one great thing to love on earth: the Blessed Sacrament ... There you will find romance, glory, honour, fidelity, and the true way of all your loves upon earth." – J.R.R. Tolkien**

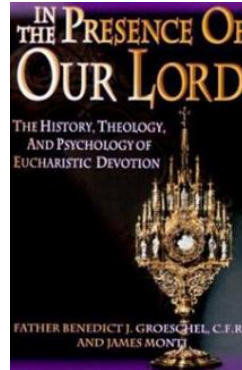
**Recognize in this bread what hung on the cross, and in this chalice what flowed from His side... whatever was in many and varied ways announced beforehand in the sacrifices of the Old Testament pertains to this one sacrifice which is revealed in the New Testament. – St. Augustine**

## BOOKS ON THE HOLY EUCHARIST

*Pick of the Week*

### In the Presence of Our Lord: The History, Theology, and Psychology of Eucharistic Devotion

by Benedict J. Groeschel and James Monti



Now, for the first time, the theological, historical, and psychological reasons for Eucharistic devotion are revealed. Unlike books that merely present the technical aspects of setting up Eucharistic devotion in a chapel or parish, *In the Presence of Our Lord: The History, Theology, and Psychology of Eucharistic Devotion* focuses on how the Blessed Sacrament has been a source of comfort and faith for countless Christians. A book that will inspire as well as educate and

inform, *In the Presence of Our Lord* is an invaluable guide for all who would keep watch with Christ. I believe that the authors of this fine work have made a penetrating reflection on the great gift of the Eucharist and the history of adoration with which the Church has responded to such a gift. It has tremendous possibilities as an aid in preaching on the Eucharist and untold probabilities concerning the deepening of one's faith in the Lord's presence in this great gift. – *Most Reverend Harry J. Flynn, D.D., Archbishop of Saint Paul and Minneapolis*

World renowned lecturer and retreat master Father Benedict J. Groeschel is professor of pastoral psychology at St. Joseph's Seminary in New York. The director for the Office of Spiritual Development of the Archdiocese of New York, he is also a founding member of the Franciscan Friars of the Renewal. A prolific author and regular guest on EWTN, he is founder of Trinity Retreat, a center for prayer and study for the clergy.

James Montis is an experienced researcher and writer on topics of Catholic historical interest. He is the author of *Our Sunday Visitor's The Week of Salvation*, a comprehensive treatment of Holy Week and historical, liturgical, and cultural events.

This book is published by *Our Sunday Visitor* and may be purchased at most religious book stores and on [AMAZON.COM](http://AMAZON.COM).

**"When shall it be that we shall taste the sweetness of the Divine Will in all that happens to us, considering in everything only His good pleasure, by whom it is certain that adversity is sent with as much love as prosperity, and as much for our good? When shall we cast ourselves undeservedly into the arms of our most loving Father in Heaven, leaving to Him the care of ourselves and of our affairs, and reserving only the desire of pleasing Him, and of serving Him well in all that we can?"**

**– St. Jane Frances de Chantal**

# EUCCHARISTIC SAINTS

## SAINT PASCHAL BAYLON

### A SERAPH OF THE EUCHARIST



Paschal Baylon was a Franciscan friar in Spain. Before joining the Order of Friars Minor in 1564, he worked as a shepherd. He always brought a book into the fields with the hope that someone who could read would pass by and help him learn. And someone did. He later explained his reasons for wanting to become a follower of Saint Francis of Assisi. He wrote: "I was born poor and I am resolved to die in poverty and penance."

And so, Brother Pascal lived an austere life of prayer and simplicity. He was not a priest. But he served the order in various ways that affirmed his vocation to the simple life: cook, gardener, gatekeeper, and mendicant. He was, for a time, the official beggar of Saint Joseph's convent. He is best remembered, however, as a contemplative and a mystic who experienced ecstatic visions during extended periods of prayer before the Holy Eucharist. It was the joy of his life to pray in adoration of the Blessed Sacrament.

Saint Paschal Baylon was proclaimed a Seraph of the Eucharist by Pope Leo XIII (1810-1903). A seraph is an angelic being, part of the highest order of the heavenly host. And a seraph is associated with light, love, and purity of mind, body, and spirit. Over long years, Saint Paschal Baylon's tomb has been the site of many reported miracles. More than four hundred years after his death, he is still venerated as patron of sons, cooks, Eucharistic Congresses, and Eucharistic Associations. His feast is celebrated on May 17th, the day that he passed from this life into eternal life.

As we think on the Resurrection of the Lord, we pray for the grace to model our lives on the Gospel like Saint Paschal Baylon. We pray for the blessing to remember our spiritual poverty, that is, our complete dependence on divine grace. We pray for the courage to share God's love and mercy with every thought, word, and deed. And as we celebrate the life and legacy of Saint Paschal Baylon, we turn with him in prayer and we reflect on the search for God, the boundless love of God, and the utter poverty of the human condition.

#### **From the Writings of Saint Paschal Baylon**

Seek God above all things.

It is right for you to seek God before and above all else, because God wants you to have what you ask of him.

This will make you more ready to serve God and it will help you to love him more perfectly.

Let your prayers be motivated by this intention; and when you pray, do so out of love, in season and out of season.

Detach your heart from the things of this world.

Consider that there is nothing in this world except for you and God.

Never, not even for the briefest moment, turn your heart away from God.

Let your thinking be lowly and simple.

Without weariness, always focus your attention on what is above.

Let the love of God be like oil poured over everything.

Whenever you receive some gift from the Lord, offer yourself to him entirely with joy and gladness.

Humble and despise yourself.

Renounce your own will, so that you may devote yourself, body and soul, to the Lord's service.

Make frequent, even countless acts of praise and thanksgiving.

Rejoice in God's power and goodness.

God grants you favors and blessings for which you owe him thanks.

Rejoice and exult!

You have been enriched with graces and blessings!

Place little value on your own good or advantage so that you can serve the Lord more and more faithfully.

Glory to the Father, to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.