

# NATIONAL EUCHARISTIC REVIVAL

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Welcome to this special section of the bulletin dedicated to the National Eucharistic Revival! As our parish continues to observe the second phase of this historic event, we are pleased to provide this dedicated space to weekly information on matters pertaining to the Revival. In addition to announcements regarding special activities and events, this section provides a regular listing of resources, catechesis and directives which are intended to help foster a deeper devotion and a greater understanding of the Holy Eucharist. We invite you to look over this section each week for new and updated content and we pray that as you do so, you will grow in your appreciation and love for Jesus in the Most Blessed Sacrament.



### **The First National Eucharistic Congress in 83 years July 17-21, 2023 | Indianapolis, Indiana**

This is a pivotal moment in both American history and the legacy of the Catholic Church. We are expecting tens of thousands of pilgrims – but space is limited. Jesus Christ will be there. Will you?

***Ticket, travel & accomodation packages are now available from the diocese but they are limited!*** If you wish to attend, you should act now before the seats are gone. You may contact Anne Houston at 973-479-6467 or the Office of Evangelization & Communication at the Diocese of Metuchen.

### **OFFICIAL PRAYERS NATIONAL EUCHARISTIC REVIVAL**

O SACRED BANQUET, in which Christ is received, the memory of His Passion is renewed, the mind is filled with grace, and a pledge of future glory is given to us.

MY GOD, I believe, I adore, I hope and I love Thee! I beg pardon for those who do not believe, do not adore, do not hope and do not love Thee.

O MOST HOLY TRINITY, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifference by which He is offended. By the infinite merits of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I beg the conversion of poor sinners.



## NATIONAL Eucharistic Pilgrimage

The National Eucharistic Pilgrimage has publicly launched!

The NEP (<https://www.eucharisticpilgrimage.org/>) will consist of four cross-country Eucharistic processions, collectively traversing the entire continental United States over a two-month period, beginning during the feast of Pentecost, May 17-19, 2024.

The pilgrimage is being organized by the National Eucharistic Revival campaign in conjunction with Modern Catholic Pilgrim, a Catholic nonprofit dedicated to deepening the faith across



the country through pilgrimages. Along the way, the pilgrims will make stops in major US cities, churches, Catholic colleges, and holy sites. Parishes along the routes will host Mass, adoration, devotions, praise and workshop, lectures on the Eucharist, and more.

The Seton Route, which will begin in New Haven, Connecticut, will be passing through the Diocese of Metuchen on May 27-29, 2024. The four pilgrimage processions will ultimately converge in Indianapolis on July 16, 2024, to participate in the National Eucharistic Congress. Adam Carlisle, Secretary of Evangelization and Communication, will be helping to organize our diocese's involvement. If anyone is interested in assisting with this important event, please feel free to contact Adam Carlisle at [acarlisle@diometuchen.org](mailto:acarlisle@diometuchen.org).

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## PERPETUAL ADORATION OF THE BLESSED SACRAMENT



Our parish offers Exposition of the Blessed Sacrament 24/7 in our Eucharistic Adoration Chapel located in the Parish Center. We are very blessed to be the only parish in the Diocese of Metuchen to offer Perpetual Adoration. We welcome and encourage you to regularly visit our chapel and to invite others as well.

## EUCHARISTIC GUARDIANS



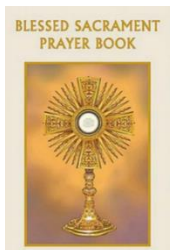
We are always in need of more Eucharistic Guardians. Eucharistic Guardians dedicate themselves to an hour of silent prayer each week in the presence of the Blessed Sacrament. They make Perpetual Adoration possible by assuring that Jesus is never left alone. For more information or to sign up, please call the Parish Office or Gerry Aboyne at 732-266-4145.

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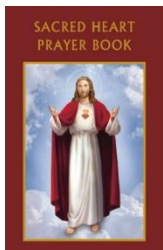
## RESOURCES

### TO HELP FOSTER DEVOTION TO THE HOLY EUCHARIST

The following items are available at the Parish Center:



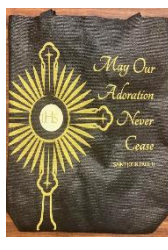
BLESSED SACRAMENT PRAYER BOOK - \$8.00



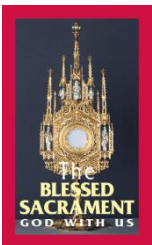
SACRED HEART PRAYER BOOK - \$8.00



VISITS TO THE BLESSED SACRAMENT - \$8.00



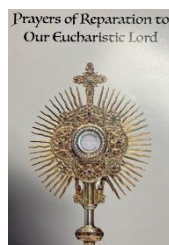
TOTE BAG - \$2.00



THE BLESSED SACRAMENT - GOD IS WITH US - \$5.00



DEVOTION TO THE SACRED HEART - \$5.00



PRAYERS OF REPARATION TO OUR EUCHARISTIC LORD - \$2.00



MONSTRANCE LAPEL PIN - \$2.00

**THE MYSTERY OF THE EUCHARIST IN THE LIFE OF THE CHURCH** is the 2021 United States Catholic Conference of Bishops document on the Eucharist – the doctrinal source text for the National Eucharistic Revival. To read the document, visit the Bishop's Conference Official Website at: [www.usccb.org](http://www.usccb.org).

## EUCHARISTIC REVIVAL

### Pilgrimage Passport

June 2023 – June 2024



The children in the religious education program here at Our Lady of Fatima Church are engaging in the Year of

Eucharistic Revival by making a pilgrimage to various chapels, shrines and holy sites within the surrounding area to visit Jesus in the Blessed Sacrament. They have each received a little "passport" to take with them and to get stamped as they complete their visit to each site. If you would like to participate in this spiritual pilgrimage as well, pick up a passport at the main entrance to the church. We hope many children will partake in this wonderful experience visiting Jesus! Additional information can be found on our parish website [www.olfparish.org](http://www.olfparish.org).

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### Learn more about the Sacred Liturgy and the Holy Eucharist on **FORMED**

*This week, we recommend the following Series:*

#### The INCREDIBLE Eucharistic Miracles with Fr. Robert Spitzer | Chris Stefanick Show



The Eucharist is one of the greatest signs of Christ's love for us; not only did he want to be with us for 33 years and save us from our sins, but he also wanted to be united with us after his ascension in a radical way.

Did you know there are miracles that back up the true presence of the Eucharist? You'll also get a primer on the metaphysics of the Eucharist, what "transubstantiation" means and the incredible stories of several Eucharistic miracles!

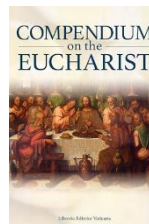
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## BOOKS ON THE HOLY EUCHARIST

*Pick of the Week*

### Compendium on the Eucharist

by Libereria Editrice Vaticana



Originally published in Latin, the Compendium on the Eucharist is now available in English! This treasure trove of material from doctrinal, liturgical, and spiritual points of view, incorporates the most recent English translation of the Roman Missal, Third Edition. A pastoral aid designed to help Catholics explore and understand the mystery of the Eucharist more

fully, this important new collection will help guide the faithful to a deeper understanding and celebration of the source and summit of the Christian life.

This book is published by *Libereria Editrice Vaticana* and may be purchased at most religious book stores and on [AMAZON.COM](http://AMAZON.COM).

## Children's Catholic Mass Quiet Book



This adorable quiet fabric book is the perfect Baptism gift, baby gift, or just for fun gift to any little saint in the making! These quiet books can be brought to Mass to offer a faith-based interactive toy that silently keeps babies and toddlers entertained.

Colorful, engaging and fun for small hands

and hearts, it will teach your child why Holy Mass is so special and the sanctuary is a sacred place for us as Catholics. Put it in your Mass bag and bring it anywhere you go. Made from polyester, machine washable. Hang to dry.

This item may be purchased on AMAZON or on the Catholic Company website (<https://www.catholiccompany.com/childrens-catholic-mass-quiet-book/>)

**“Do grant, oh my God, that when my lips approach Yours to kiss You, I may taste the gall that was given to You; when my shoulders lean against Yours, make me feel Your scourging; when my flesh is united with Yours, in the Holy Eucharist, make me feel Your passion; when my head comes near Yours, make me feel Your thorns; when my heart is close to Yours, make me feel Your spear.”**

**- St. Gemma Galgani**

### **CONGREGATION FOR DIVINE WORSHIP AND THE DISCIPLINE OF THE SACRAMENT INSTRUCTION**

#### ***Redemptionis Sacramentum***

***On certain matters to be observed or to be avoided  
regarding the Most Holy Eucharist***

#### **The Matter of the Most Holy Eucharist**

The bread used in the celebration of the Most Holy Eucharistic Sacrifice must be unleavened, purely of wheat, and recently made so that there is no danger of decomposition. It follows therefore that bread made from another substance, even if it is grain, or if it is mixed with another substance different from wheat to such an extent that it would not commonly be considered wheat bread, does not constitute valid matter for confecting the Sacrifice and the Eucharistic Sacrament. It is a grave abuse to introduce other substances, such as fruit or sugar or honey, into the bread for confecting the Eucharist. Hosts should obviously be made by those who are not only distinguished by their integrity, but also skilled in making them and furnished with suitable tools.

By reason of the sign, it is appropriate that at least some parts of the Eucharistic Bread coming from the fraction should be

distributed to at least some of the faithful in Communion. “Small hosts are, however, in no way ruled out when the number of those receiving Holy Communion or other pastoral needs require it”, and indeed small hosts requiring no further fraction ought customarily to be used for the most part.

The wine that is used in the most sacred celebration of the Eucharistic Sacrifice must be natural, from the fruit of the grape, pure and incorrupt, not mixed with other substances. During the celebration itself, a small quantity of water is to be mixed with it. Great care should be taken so that the wine intended for the celebration of the Eucharist is well conserved and has not soured. It is altogether forbidden to use wine of doubtful authenticity or provenance, for the Church requires certainty regarding the conditions necessary for the validity of the sacraments. Nor are other drinks of any kind to be admitted for any reason, as they do not constitute valid matter.

### **The Eucharistic Prayer**

Only those Eucharistic Prayers are to be used which are found in the Roman Missal or are legitimately approved by the Apostolic See, and according to the manner and the terms set forth by it. “It is not to be tolerated that some Priests take upon themselves the right to compose their own Eucharistic Prayers” or to change the same texts approved by the Church, or to introduce others composed by private individuals.

The proclamation of the Eucharistic Prayer, which by its very nature is the climax of the whole celebration, is proper to the Priest by virtue of his Ordination. It is therefore an abuse to proffer it in such a way that some parts of the Eucharistic Prayer are recited by a Deacon, a lay minister, or by an individual member of the faithful, or by all members of the faithful together. The Eucharistic Prayer, then, is to be recited by the Priest alone in full.

While the Priest proclaims the Eucharistic Prayer “there should be no other prayers or singing, and the organ or other musical instruments should be silent”, except for the people’s acclamations that have been duly approved, as described below.

The people, however, are always involved actively and never merely passively: for they “silently join themselves with the Priest in faith, as well as in their interventions during the course of the Eucharistic Prayer as prescribed, namely in the responses in the Preface dialogue, the Sanctus, the acclamation after the consecration and the “Amen” after the final doxology, and in other acclamations approved by the Conference of Bishops with the recognition of the Holy See”.

In some places there has existed an abuse by which the Priest breaks the host at the time of the consecration in the Holy Mass. This abuse is contrary to the tradition of the Church. It is reprobated and is to be corrected with haste.

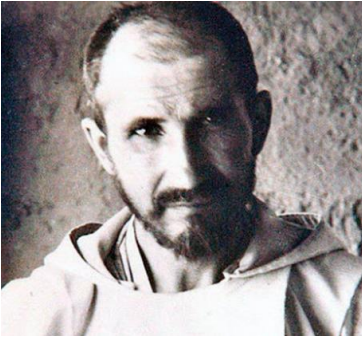
The mention of the name of the Supreme Pontiff and the diocesan Bishop in the Eucharistic Prayer is not to be omitted, since this is a most ancient tradition to be maintained, and a manifestation of ecclesial communion. For “the coming together of the eucharistic community is at the same time a joining in union with its own Bishop and with the Roman Pontiff”.



# EUCCHARISTIC SAINTS

## SAINT CHARLES DE FOUCAULD

### HERMIT-MISSIONARY TO THE TOUARAG PEOPLE



Near Christmas 1916, the first recorded Eucharistic procession in the Sahara wended its solemn way through the sands. A French officer on horseback, followed by his soldiers, carried a monstrance with the Sacred Host, reverently veiled in a cloth.

Three weeks earlier, on the first Friday of December, Charles de Foucauld, a hermit-missionary to the nomadic Touarag tribes, had been adoring Christ in this monstrance. In the morning's early hours, marauders descended upon his hermitage, dragged him outside, demanded that he renounce Christ, and, when he calmly refused, shot him in the head. They ransacked his poor hut and drank the altar wine, but the monstrance with the Eucharist they left untouched in the sand. When a French patrol finally came to Tamanrasset, they found

the simple grave the Touarag had made for their friend — and the monstrance holding Jesus, which they rescued.

It was exactly the way Charles would have wished to die — hidden from all eyes but those of his beloved Eucharistic Savior. Since his dramatic conversion 30 years before from a life of debauchery, his heart had burned with an all-consuming love for Christ and His Mother and a desire to find the lowliest place to serve God.

Settling in Tamanrasset in southern Algeria, he spent his days learning the Touarag language and translating the Scriptures, befriending the Touarag people, and praying for long hours before the Blessed Sacrament. "Sacred HEART of JESUS," he wrote upon arriving in Tamanrasset, "thank you for this first Tabernacle of the Touarag land! May it be the prelude to many others and the announcement of many souls' salvation! Sacred HEART of JESUS, shine from the depth of this Tabernacle on the people who surround You without knowing You! Enlighten, direct, save these souls!"

The only thing more hidden than Charles de Foucauld was the God he adored under the appearances of bread — discarded as worthless by his killers but recognized and revered by the soldiers of the French patrol. In this time of the Eucharistic Revival, let us learn to adore and minister to the needs of our Savior who is hidden in each Tabernacle and also in each person around us, especially those who suffer.

Sr. Maria Veritas Marks, OP. "Hidden from the world, Charles de Foucauld let the world see Jesus." Detroit Catholic. 8 December 2023. <https://www.detroitcatholic.com/voices/hidden-from-the-world-charles-de-foucauld-let-the-world-see-jesus>

# EUCCHARISTIC MIRACLES

## MIRACLE OF VOLTERRA, ITALY, 1472



Among the principal causes that unchained the pointless Allumiere war, which finished with the sacking of Volterra in 1472 by the army of the Duke of Montefeltro, were above all, the contrast that existed between the different social classes and the personal interests of Lorenzo di Medici. Absorbed by the Florentine state, Volterra was subjected to harsh treatment, which caused the emigration of many wealthy families and the appropriation of their goods at bankruptcy prices. It was in this historical scenario that in 1472 our Eucharistic miracle was verified. Among the most authoritative witnesses that describe the miracle, we have the written relation of Friar Biagio Lisci, who was a direct witness. The relation is now kept in the archives of the Church of Saint Francis. We also have some municipal acts preserved in the municipal library of Volterra. A soldier from Florence entered the Cathedral Church and immediately went to the tabernacle, from which he took the ciborium with consecrated Hosts inside, along with many sacred objects. As soon as he left the Church, taken by a very strong hatred against Jesus in the Eucharist, the soldier flung the ciborium against one of the external walls of the Church and all the Sacred Hosts came out from it, which - as if held by an invisible hand - were elevated into the air, all radiant with light. The soldier fell to the ground out of fright, and having repented, began to cry. Many were the witnesses who were present at this marvel.

"Eucharistic Miracle of Volterra, Italy, 1472." Real Presence Eucharistic Education and Adoration Association, 2006. <https://www.detroitcatholic.com/voices/hidden-from-the-world-charles-de-foucauld-let-the-world-see-jesus>