

# NATIONAL EUCHARISTIC REVIVAL

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Welcome to this special section of the bulletin dedicated to the National Eucharistic Revival! As our parish continues to observe the second phase of this historic event, we are pleased to provide this dedicated space to weekly information on matters pertaining to the Revival. In addition to announcements regarding special activities and events, this section provides a regular listing of resources, catechesis and directives which are intended to help foster a deeper devotion and a greater understanding of the Holy Eucharist. We invite you to look over this section each week for new and updated content and we pray that as you do so, you will grow in your appreciation and love for Jesus in the Most Blessed Sacrament.



### **The First National Eucharistic Congress in 83 years July 17-21, 2023 | Indianapolis, Indiana**

This is a pivotal moment in both American history and the legacy of the Catholic Church. We are expecting tens of thousands of pilgrims – but space is limited. Jesus Christ will be there. Will you?

***Ticket, travel & accomodation packages are now available from the diocese but they are limited!*** If you wish to attend, you should act now before the seats are gone. You may contact Anne Houston at 973-479-6467 or the Office of Evangelization & Communication at the Diocese of Metuchen.

### **OFFICIAL PRAYERS NATIONAL EUCHARISTIC REVIVAL**

O SACRED BANQUET, in which Christ is received, the memory of His Passion is renewed, the mind is filled with grace, and a pledge of future glory is given to us.

MY GOD, I believe, I adore, I hope and I love Thee! I beg pardon for those who do not believe, do not adore, do not hope and do not love Thee.

O MOST HOLY TRINITY, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifference by which He is offended. By the infinite merits of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I beg the conversion of poor sinners.

## **New 4-Week Parish Workshop!**

# 7 Secrets of the Eucharist



Please join us to explore the “hidden” truths of the Eucharist based on Vinny Flynn’s book and study guide, *7 Secrets of the Eucharist*. Workshops will be held in the Parish Center:

**Tuesday evenings at 7:45 p.m.** on February 27<sup>th</sup>, March 5<sup>th</sup>, March 12<sup>th</sup>, and March 19<sup>th</sup>

or

**Wednesday mornings at 10:00 a.m.** on February 28<sup>th</sup>, March 6<sup>th</sup>, March 13<sup>th</sup>, and March 20<sup>th</sup>.

Please register for this workshop by February 26<sup>th</sup>. The cost of workshop materials is \$16.00 payable by cash or check. Please make out any checks to Our Lady of Fatima Church.

For further information, please contact Jean Lyons by phone at 732-642-6747 or email at [Jlyons@olfparish.org](mailto:Jlyons@olfparish.org).

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## **PERPETUAL ADORATION OF THE BLESSED SACRAMENT**



Our parish offers Exposition of the Blessed Sacrament 24/7 in our Eucharistic Adoration Chapel located in the Parish Center. We are very blessed to be the only parish in the Diocese of Metuchen to offer Perpetual Adoration. We welcome and encourage you to regularly visit our chapel and to invite others as well.

## EUCCHARISTIC GUARDIANS



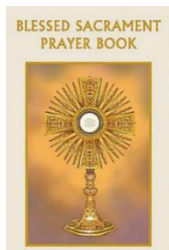
We are always in need of more Eucharistic Guardians. Eucharistic Guardians dedicate themselves to an hour of silent prayer each week in the presence of the Blessed Sacrament. They make Perpetual Adoration possible by assuring that Jesus is never left alone. For more information or to sign up, please call the Parish Office or Gerry Aboyme at 732-266-4145.

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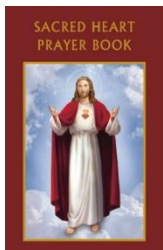
## RESOURCES

### TO HELP FOSTER DEVOTION TO THE HOLY EUCHARIST

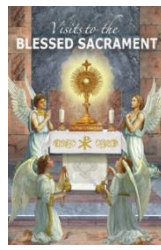
The following items are available at the Parish Center:



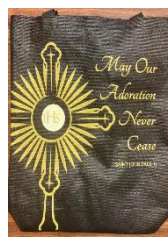
BLESSED SACRAMENT PRAYER BOOK - \$8.00



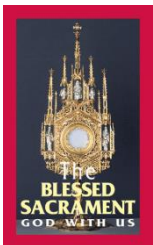
SACRED HEART PRAYER BOOK - \$8.00



VISITS TO THE BLESSED SACRAMENT - \$8.00



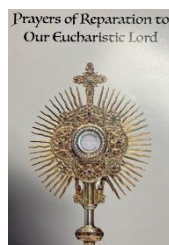
TOTE BAG - \$2.00



THE BLESSED SACRAMENT - GOD IS WITH US - \$5.00



DEVOTION TO THE SACRED HEART - \$5.00



PRAYERS OF REPARATION TO OUR EUCHARISTIC LORD - \$2.00



MONSTRANCE LAPEL PIN - \$2.00

### THE MYSTERY OF THE EUCHARIST IN THE LIFE OF THE CHURCH

is the 2021 United States Catholic Conference of Bishops document on the Eucharist – the doctrinal source text for the National Eucharistic Revival. To read the document, visit the Bishop's Conference Official Website at: [www.usccb.org](http://www.usccb.org).

## EUCCHARISTIC REVIVAL

### Pilgrimage Passport

June 2023 – June 2024



The children in the religious education program here at Our Lady of Fatima Church are engaging in the Year of

Eucharistic Revival by making a pilgrimage to various chapels, shrines and holy sites within the surrounding area to visit Jesus in the Blessed Sacrament. They have each received a little "passport" to take with them and to get stamped as they complete their visit to each site. If you would like to participate in this spiritual pilgrimage as well, pick up a passport at the main entrance to the church. We hope many children will partake in this wonderful experience visiting Jesus! Additional information can be found on our parish website [www.olfparish.org](http://www.olfparish.org).



## NATIONAL Eucharistic Pilgrimage

The National Eucharistic Pilgrimage has publicly launched!

The NEP (<https://www.eucharisticpilgrimage.org/>) will consist of four cross-country Eucharistic processions, collectively traversing the entire continental United States over a two-month period, beginning during the feast of Pentecost, May 17-19, 2024.

The pilgrimage is being organized by the National Eucharistic Revival campaign in conjunction with Modern Catholic Pilgrim, a Catholic nonprofit dedicated to deepening the faith across the country through pilgrimages. Along the way, the pilgrims will make stops in major US cities, churches, Catholic colleges, and holy sites. Parishes along the routes will host Mass, adoration, devotions, praise and workshop, lectures on the Eucharist, and more.



The Seton Route, which will begin in New Haven, Connecticut, will be passing through the Diocese of Metuchen on May 27-29, 2024. The four pilgrimage processions will ultimately converge in Indianapolis on July 16, 2024, to participate in the National Eucharistic Congress. Adam Carlisle, Secretary of Evangelization and Communication, will be helping to organize our diocese's involvement. If anyone is interested in assisting with this important event, please feel free to contact Adam Carlisle at [acarisle@diometuchen.org](mailto:acarisle@diometuchen.org).

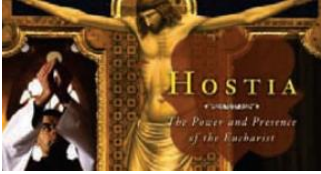
**"From this moment on, live the Eucharist fully; be persons for whom the Holy Mass, Communion, and Eucharistic adoration are the center and summit of their whole life."**

– Pope Saint John Paul II

## Learn more about the Sacred Liturgy and the Holy Eucharist on **FORMED**

*This week, we recommend the following Series:*

### Hostia: The Power and Presence of the Eucharist



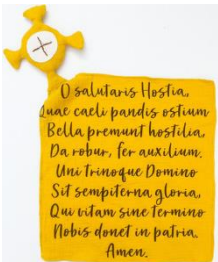
"This powerful and inspiring film begins with the Gospel accounts of how Jesus Christ instituted the Eucharist. It explains how the sacrifices and offerings in the Old

Testament prefigured the perfect and final sacrifice in Jesus Christ Himself—the Lamb of God who takes away the sins of the world. The constant belief of Christians in the Real Presence throughout history is clearly demonstrated along with examples of heroic witnesses for the Faith. The Holy Sacrifice of the Mass is explained as the center of the Christian life where Jesus becomes truly present in the Eucharist. The practices of Eucharistic Adoration and Benediction are presented as the real power behind any evangelization and essential to reviving faith in every Catholic parish.

With contributions from Fr. Nicholas Schofield, Fr. Tim Finigan, Fr. Andrew Pinsent, Hannah Vaughan-Spruce, John Pontifex, Fr. Bruno Witchalls, and Fr. Marcus Holden, this film offers an inspiring presentation with clarity of teaching about the Holy Eucharist.

### RESOURCES FOR CHILDREN - *Pick of the Week*

#### Adoration Lovie



A wonderful muslin baby lovie made of soft, double gauze fabric that is lightweight and will get softer with every wash. Bright gold tone engages baby and features a Monstrance and Host at the top. Printed on the patches of cloth that dangle from the Monstrance are the words to the ancient hymn of Adoration, O' Salutaris Hostia.

Fun, faithful, and practical Catholic lovie for baby that will be a wonderful comfort. Makes a special gift for a Baby Shower, Baptism, or any time. Machine washable.

#### Dimensions & Specifications

- 17" (L) x 15.5" (W)
- Muslin
- Machine Wash, Tumble Dry Low, Remove Promptly from Dryer
- Eco-Friendly & Safe Water-Based Inks

This item may be purchased on AMAZON or on the Catholic Company website (<https://www.catholiccompany.com/adoration-lovie/>).

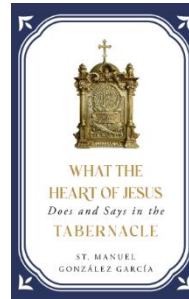
**"When you approach the tabernacle remember that he has been waiting for you for twenty centuries."  
- Josemaria Escriva**

## BOOKS ON THE HOLY EUCHARIST

*Pick of the Week*

### What the Heart of Jesus Does and Says in the Tabernacle

by St. Manuel González García



St. Manuel González García, renowned as the Bishop of the Abandoned Tabernacle and acclaimed the greatest Eucharistic priest since the Curé of Ars, reflected: "I intend to awaken the curiosity, which in this case can truly be called holy, to understand and uncover what the Heart of Jesus in the Tabernacle does, says, and feels. I promise delightful surprises, invaluable discoveries,

unimagined horizons, to those who allow themselves to be piqued by this curiosity."

Through these profound yet practical meditations, sometimes written from the perspective of Jesus speaking to you, you will be guided into deeper intimacy with our Eucharistic Lord and inspired to share His love with others. Through this refreshing and transformative experience, you will discover:

- Why the Gospels lead us to the tabernacle, and the tabernacle leads us to the Gospels
- The mission of those closest to Jesus in the Gospels and how to imitate them
- Greater fervor in receiving Holy Communion and praying in Eucharistic Adoration
- How Jesus is neither idle nor silent in His Eucharistic Presence
- The three ways the Heart of Jesus looks at souls - and how He looks at you
- The secret to touching the Heart of Jesus in the Blessed Sacrament to receive healing

There is also a stirring section at the end of the book about what the Heart of Jesus in the Holy Eucharist says to priests.

St. Manuel tirelessly wrote these reflections, originally published as articles, to "preach to active souls the necessity, importance, and fruitfulness of staying in the tabernacle because the Love who dwells there is not loved but is abandoned!" St. Manuel will show you how to cultivate awe and reverence as you bask in our Lord's Eucharistic Presence and let His power permeate your life. As your love of Jesus' Eucharistic Heart deepens, you will learn how to console Him as He consoles you and be inflamed to offer your life in witness to your faith.

Above all, in the Holy Eucharist, you will encounter the Friend who always waits to listen to you with His Heart and always speaks to your heart. In the light of the tabernacle, you will learn how to grow in virtue, overcome temptation, and live without fear.

This book is published by *Sophia Press* and may be purchased at most religious book stores and on AMAZON.COM.

**"The greatest love story of all time is contained in a tiny white Host." – Fulton J. Sheen**



# EUCCHARISTIC SAINTS

## THE ANGEL OF PEACE

### THE ANGEL WHO APPEARED TO THE THREE SHEPHERD CHILDREN



Great preparations usually precede great events. The apparitions of Our Lady in Fatima were preceded by three visions of the Angel of Portugal to Lucia, Francisco and Jacinta. Providence prepared the children for the moment when Our Lady would speak to them.

Between April and October of 1915, the apparitions of the Angel of Portugal were also preceded by some supernatural signs. Around a hill near Cova da Iria, called “Cabeço”, Lucia shepherded the flock with three other little girls. Her cousins, Francisco and Jacinta, were not present. At a certain moment, all four of them saw a sort of cloud, whiter than snow and in the shape of a human, floating above the trees in the valley. “It looked like a statue made of snow that became almost transparent by the rays of the sun,” according to Lucia’s description. This apparition occurred on two other occasions.

On a spring day in 1916, Lucia, Jacinta and Francisco were sheltering themselves from a fine drizzle at “Loca do Cabeço”, when the Angel clearly appeared for the first time. After prayers, the children began to play. Suddenly, a strong wind shook the trees. This is how Sister Lucia describes what followed: “We began to see, in the distance, a light whiter than snow in the form of a young man, quite transparent, and as brilliant as crystal in the rays of the sun. As he came near we were able to see his features: a young man about 14 or 15 years old and very beautiful. We were surprised and quite taken aback. We did not say a word. He reached us and said: ‘Do not be afraid. I am the angel of peace. Pray with me.’ He knelt, bending his forehead to the ground. With a supernatural impulse we did the same, repeating the words we heard him say: ‘My God, I believe, I adore, I hope, and I love You. I ask pardon for those who do not believe, do not adore, do not hope, and do not love You. Pray in this way. The hearts of Jesus and Mary are attentive to your prayers.’ And he disappeared. The supernatural atmosphere that he left us in was so intense we were for a long time unaware of our own existence...”. Then he disappeared. “The supernatural atmosphere that enveloped us,” continues Sister Lucia, “was so intense that we were almost unaware of our own existence. For a long time, we remained in the same position we were in when he left, repeating the same prayer. The presence of God was so intense and intimate that we dared not speak to each other. On the following day, we still felt enveloped in that atmosphere, which only gradually disappeared.”

In the summer of 1916, while the three little shepherds played in the yard surrounding a well at Lucia’s parents’ house, the Angel appeared to them a second time. This is how Sister Lucia narrates what the Angel said to them: “The angel said to us: ‘What are you doing? You must pray! Pray a lot! The hearts of Jesus and Mary have merciful designs for you. You must constantly offer your prayers and sacrifices to God, the Most High.’ ‘How are we to sacrifice?’ I asked. ‘In every possible way offer sacrifice to God in reparation for the sins by which He is offended, and in supplication for the conversion of sinners. In this way you will bring peace to your country. I am the Guardian Angel of Portugal. Above all, bear and accept with submission the sufferings God will send you.’ And he disappeared... These words of the angel cut into our spirits like a light, making us understand who God is, how He loves us, and how He wants us to love Him; the value of sacrifice and how it pleases Him; how He receives it for the conversion of sinners.”

The third and last apparition of the Angel occurred again at Loca do Cabeço. Sister Lucia’s account is as follows: “After our lunch, we decided to go and pray in the grotto on the opposite side of the hill...As soon as we arrived there, we knelt down, with our faces on the ground and began to repeat the Angel’s prayer: ‘My God! I believe, I adore, I hope and I love Thee...’ I don’t know how many times we had said this prayer when we saw an extraordinary light shining upon us. We rose to see what was happening and beheld the Angel bearing a chalice in his left hand. Drops of Blood fell into the chalice from a Host suspended above it.”

Leaving the chalice and the Host suspended in the air, the Angel prostrated himself beside the children and said the following prayer three times: “Most Holy Trinity, Father, Son and Holy Spirit, I adore Thee profoundly and I offer Thee the Most Precious Body, Blood, Soul and Divinity of Jesus Christ, present in all of the tabernacles of the world, in reparation for the insults, sacrileges and indifference with which He is offended. And through the infinite merits of his Most Sacred Heart and the Immaculate Heart of Mary, I beg of Thee the conversion of poor sinners.” Then, rising, he gave the Host to Lucia, and the contents of the chalice to Jacinta and Francisco to drink, saying: “Take and drink the Body and Blood of Jesus Christ, who is horribly insulted by ungrateful men! Make reparation for their crimes and console thy God. “The Angel again prostrated himself on the ground and repeated with us the same prayer three more times: ‘Most Holy Trinity...’ and then disappeared. “We remained in this position for a long time, repeating the same words over and over again. When we finally got up, we noticed it was already dark and therefore time to go home.”

The Angel’s words made a profound impression on the three children who, from then on, began to expiate for sinners through sacrifices and an assiduous life of prayer.

“Apparitions of the Angel - 1916.” Virgin of Fatima Association, 2020. <https://virginfatima.org/apparitions-of-the-angel/>

“The Angel of Peace Appears to the Shepherds of Fatima Three Times and Gives Them Communion - Portugal, 1916.” Real Presence Eucharistic Education and Adoration Association, 2006. [https://www.therealpresence.org/eucharst/mir/english\\_pdf/angelofpeace1.pdf](https://www.therealpresence.org/eucharst/mir/english_pdf/angelofpeace1.pdf)