

NATIONAL EUCHARISTIC REVIVAL

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Welcome to this special section of the bulletin dedicated to the National Eucharistic Revival! As our parish continues to observe the second phase of this historic event, we are pleased to provide this dedicated space to weekly information on matters pertaining to the Revival. In addition to announcements regarding special activities and events, this section provides a regular listing of resources, catechesis and directives which are intended to help foster a deeper devotion and a greater understanding of the Holy Eucharist. We invite you to look over this section each week for new and updated content and we pray that as you do so, you will grow in your appreciation and love for Jesus in the Most Blessed Sacrament.



The First National Eucharistic Congress in 83 years July 17-21, 2023 | Indianapolis, Indiana

This is a pivotal moment in both American history and the legacy of the Catholic Church. We are expecting tens of thousands of pilgrims – but space is limited. Jesus Christ will be there. Will you?

Ticket, travel & accomodation packages are now available from the diocese but they are limited! If you wish to attend, you should act now before the seats are gone. You may contact Anne Houston at 973-479-6467 or the Office of Evangelization & Communication at the Diocese of Metuchen.

OFFICIAL PRAYERS NATIONAL EUCHARISTIC REVIVAL

O SACRED BANQUET, in which Christ is received, the memory of His Passion is renewed, the mind is filled with grace, and a pledge of future glory is given to us.

MY GOD, I believe, I adore, I hope and I love Thee! I beg pardon for those who do not believe, do not adore, do not hope and do not love Thee.

O MOST HOLY TRINITY, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifference by which He is offended. By the infinite merits of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I beg the conversion of poor sinners.



NATIONAL Eucharistic Pilgrimage

The National Eucharistic Pilgrimage has publicly launched!

The NEP (<https://www.eucharisticpilgrimage.org/>) will consist of four cross-country Eucharistic processions, collectively traversing the entire continental United States over a two-month period, beginning during the feast of Pentecost, May 17-19, 2024.

The pilgrimage is being organized by the National Eucharistic Revival campaign in conjunction with Modern Catholic Pilgrim, a Catholic nonprofit dedicated to deepening the faith across



the country through pilgrimages. Along the way, the pilgrims will make stops in major US cities, churches, Catholic colleges, and holy sites. Parishes along the routes will host Mass, adoration, devotions, praise and workshop, lectures on the Eucharist, and more.

The Seton Route, which will begin in New Haven, Connecticut, will be passing through the Diocese of Metuchen on May 27-29, 2024. The four pilgrimage processions will ultimately converge in Indianapolis on July 16, 2024, to participate in the National Eucharistic Congress. Adam Carlisle, Secretary of Evangelization and Communication, will be helping to organize our diocese's involvement. If anyone is interested in assisting with this important event, please feel free to contact Adam Carlisle at acarlisle@diometuchen.org.

PERPETUAL ADORATION OF THE BLESSED SACRAMENT



Our parish offers Exposition of the Blessed Sacrament 24/7 in our Eucharistic Adoration Chapel located in the Parish Center. We are very blessed to be the only parish in the Diocese of Metuchen to offer Perpetual Adoration. We welcome and encourage you to regularly visit our chapel and to invite others as well.

EUCCHARISTIC GUARDIANS

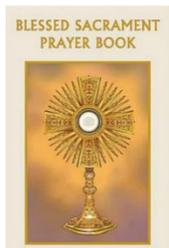


We are always in need of more Eucharistic Guardians. Eucharistic Guardians dedicate themselves to an hour of silent prayer each week in the presence of the Blessed Sacrament. They make Perpetual Adoration possible by assuring that Jesus is never left alone. For more information or to sign up, please call the Parish Office or Gerry Abyme at 732-266-4145.

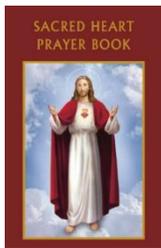
RESOURCES

TO HELP FOSTER DEVOTION TO THE HOLY EUCHARIST

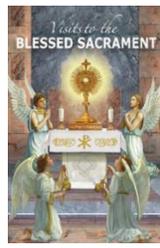
The following items are available at the Parish Center:



BLESSED SACRAMENT PRAYER BOOK - \$8.00



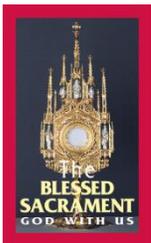
SACRED HEART PRAYER BOOK - \$8.00



VISITS TO THE BLESSED SACRAMENT - \$8.00



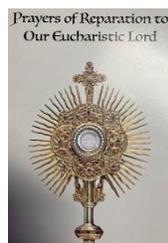
TOTE BAG - \$2.00



THE BLESSED SACRAMENT - GOD IS WITH US - \$5.00



DEVOTION TO THE SACRED HEART - \$5.00



PRAYERS OF REPARATION TO OUR EUCHARISTIC LORD - \$2.00



MONSTRANCE LAPEL PIN - \$2.00

THE MYSTERY OF THE EUCHARIST IN THE LIFE OF THE CHURCH

is the 2021 United States Catholic Conference of Bishops document on the Eucharist – the doctrinal source text for the National Eucharistic Revival. To read the document, visit the Bishop's Conference Official Website at: www.usccb.org.

EUCCHARISTIC REVIVAL

Pilgrimage Passport

June 2023 – June 2024



The children in the religious education program here at Our Lady of Fatima Church are engaging in the Year of

Eucharistic Revival by making a pilgrimage to various chapels, shrines and holy sites within the surrounding area to visit Jesus in the Blessed Sacrament. They have each received a little "passport" to take with them and to get stamped as they complete their visit to each site. If you would like to participate in this spiritual pilgrimage as well, pick up a passport at the main entrance to the church. We hope many children will partake in this wonderful experience visiting Jesus! Additional information can be found on our parish website www.olfparish.org.

Learn more about the Sacred Liturgy and the Holy Eucharist on

FORMED

This week, we recommend the following Series:

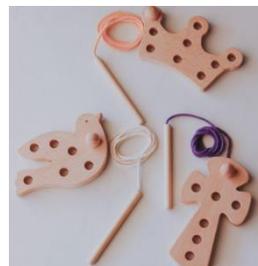
The Bread of Life: The Eucharist in Galilee



Christ's teaching about the Eucharist was not reserved solely for the Last Supper. Rather, this profound mystery is the crescendo of Jesus' entire ministry: all his work in Galilee prepared for and pointed to the Eucharist. Join Dr. Tim Gray in *Bread of Life: The Eucharist in Galilee* for an exciting five-part series about Jesus' teaching on the Eucharist.

RESOURCES FOR CHILDREN - Pick of the Week

Trinity Wooden Lacing Toy Set



A unique and captivating toy inspired by Montessori learning, this wooden lacing set engages children in developing essential dexterity and hand-eye coordination skills through creative play with objects familiar to our Faith.

Children can practice threading the included string through the holes, refining their fine motor skills with each attempt. Incorporating the Trinity shapes, the set includes three pieces, a Crown to symbolize God the Father, a Cross to symbolize God the Son, and a Dove to symbolize God the Holy Spirit. Fun, formation, and an immersion into the profound concepts of the Holy Trinity as the central aspect of our Catholic faith.

This item may be purchased on AMAZON or on the Catholic Company website (<https://www.catholiccompany.com/trinity-wooden-lacing-toy-set/>).

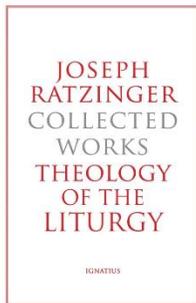
BOOKS ON THE HOLY EUCHARIST

Pick of the Week

Joseph Ratzinger Collected Works

Theology of the Liturgy

by Cardinal Joseph Ratzinger



This major volume is a collection of the writings of Joseph Ratzinger (Pope Emeritus Benedict XVI) on the theology of the Liturgy of the Church, a subject of preeminence to him as a theologian, professor and spiritual writer. It brings together all his writings on the subject, short and long, giving his views on liturgical matters and questions over many years and from various perspectives.

He chose to have his writings on the Liturgy for the first volume published of his collected works (though listed as vol. 11) because, as he says in the Introduction: "The liturgy of the Church has been for me since my childhood the central reality of my life, and it became the center of my theological efforts. I chose fundamental theology as my field because I wanted first and foremost to examine thoroughly the question: Why do we believe? But also included from the beginning in this question was the other question of the right response to God and, thus, the question of the liturgy."

By starting with the theme of liturgy in this volume, Ratzinger wants to highlight God's primacy, the absolute precedence of the theme of God. Beginning with a focus on the liturgy, he said, tells us that "God is first". He quotes from the Rule of St. Benedict, "Nothing is to be preferred to the liturgy", as a way of ordering priorities for the life of the Church and of every individual. He says that the fundamental question of the man who begins to understand himself correctly is: How must I encounter God? Thus learning the right way of worshipping is the gift par excellence that is given to us by the faith.

The essential purpose of his writings on the liturgy is to place the liturgy in its larger context, which he presents in three concentric circles. First, the intrinsic interrelationship of Old and New Testament; without the connection to the Old Testament heritage, the Christian liturgy is incomprehensible. The second circle is the relationship to the religions of the world. The third circle is the cosmic character of the liturgy, which is more than the coming together of a circle of people: the liturgy is celebrated in the expanse of the cosmos, encompassing creation and history at the same time..

This book is published by *Ignatius Press* and may be purchased at most religious book stores and on AMAZON.COM.

"The Blessed Sacrament is the first and supreme object of our worship. We must preserve in the depths of our hearts a constant and uninterrupted profound adoration of this precious pledge of Divine Love."

- St. Mary Euphrasia Pelletier

Daily Prayer to Jesus in the Most Holy Eucharist

Lord Jesus Christ in the Most Holy Eucharist, I thank You for the gift of Your most precious Body and Blood present in the form of bread and wine. This precious and priceless food You have made available, out of Your abundant and deep love for me. I thank You once more for the gift of Your most precious Body and Blood, available to quench my eternal hunger and thirst.

Lord Jesus Christ, I acknowledge your real and full presence in the Most Holy Eucharist. I worship and adore You my God and my king in the Most Holy Eucharist. (For 5 minutes, worship and praise the Eucharist Jesus with all your heart)

Lord Jesus in the Most Holy Eucharist, help me to have great and deep longing, respect and reverence for You. I pray with all my heart that all men will come to respect, worship and adore You in the Holy Eucharist. I pray for a change of heart and a deep conversion of all those who despise, reject, mock and refuse to believe and appreciate your presence in the Holy Eucharist. Lord Jesus Christ, I apologize for all the times I have received Your Body and Blood in a sinful state without considering the great pains I cause You. I console You for the countless abuses and desecrations done to your Precious Body and Blood in the Holy Eucharist in various ways and forms. Lord Jesus, I console Your wounded heart present in the Holy Eucharist with all sincerity and love, and I beg You to forgive my sins and those of the world which we have committed and are still grievously committing against You. Forgive me for the times I have been at the Holy Sacrifice of the Mass without receiving You, or seeing the need or making efforts to receive you in the Holy Eucharist. Give me the grace to love you more and more and to be devoted to you in the Most Holy Eucharist. Plant oh lord Jesus Christ a deep longing for you in my heart and soul, and let me always find my rest in you.

Lord Jesus in the Holy Eucharist, I consecrate my body, soul and spirit to you without reserving or withholding them. In the same way You gave Yourself freely in the Holy Eucharist, I give you myself and everything that has to do with me; my entire will, pleasures, ambitions, plans, marriage, family, work, wealth, children, destiny and all my life. Please accept my offering to you this day and seal it with the powerful sacrifice of Your most precious Body and Blood in the Holy Eucharist. May I live for you alone from today henceforth and may I seek only your will, glory and happiness in all that I do. Amen. (Mention all your intentions here for the last time)

"Every morning during meditation, I prepare myself for the whole day's struggle. Holy Communion assures me that I will win the victory; and so it is. I fear the day when I do not receive Holy Communion. This bread of the Strong gives me all the strength I need to carry on my mission and the courage to do whatever the Lord asks of me. The courage and strength that are in me are not of me, but of Him who lives in me - it is the Eucharist."

- St. Mary Faustina Kowalska

EUCCHARISTIC SAINTS

SAINT JOSEPH

WHO ADORED AND LOVED JESUS



For centuries the Church has reflected on the special relationship between St Joseph and the Eucharist. The biblical parallel between the ancient Joseph (son of Jacob), who during the famine distributed to the people the grain stored up in times of plenty (Genesis 41), and the glorious Guardian of the Redeemer is well known. To the former, the Pharaoh had entrusted the administration of all his goods, to the latter God had entrusted His Son. St Leonard Murialdo, developing a concept already expressed by St Bernard and St Bernardino, wrote that Mary's spouse "did much more than the ancient Joseph: he kept the living bread that came down from heaven; he kept it not only for Egypt and a few Israelites, but for the whole world. Yes, Joseph saved from Herod the living bread that came down from heaven, so that after 30 years it could be given as food to the apostles and, through them, to all those who hunger for eternal life and happiness. Joseph hid this wheat of the elect for 30 years: Joseph's house was a mysterious tabernacle; his arms a pyx; his chest a paten on which Jesus slept... And this most holy body of Jesus Christ, which nourishes us for eternal life, was nourished by Joseph's labors."

The inclusion in 1962 of the name of St Joseph in the Roman Canon, the oldest and most important Eucharistic prayer of the Church, clearly filled a gap, as had long been requested by pastors and the faithful (the first petition to this effect dates back to 1815). It is noteworthy that this mention was introduced by St John XXIII, who repeatedly pointed to Josephine spirituality as a fundamental characteristic of the priesthood.

Among other things, the gesture of breaking bread is the same one that Jesus saw his virginal father perform so many times. "The bread that Joseph broke was 'for' Jesus", noted Father Tarcisio Stramare, adding immediately afterwards: "Jesus was nevertheless well aware that 'the broken bread' was Him. Joseph, too, was aware of it in his heart, though he did not know when or how this would be. He had sensed it in the words addressed to Mary on the occasion of the presentation of Jesus in the temple: "A sword will pierce your own soul too" (Lk 2:35). He had feared it in his hasty flight to Egypt to avoid Herod's assassins. He had suffered it in the anguished search for Jesus who had remained in the temple. Although with less knowledge of the divine plans than Mary, the Co-Redemptrix, Joseph too was therefore accompanied by sorrow for what was to be the Passion of Jesus and the simultaneous suffering of his own spouse. An apostle of the Eucharist such as the Frenchman Saint Peter Julian Eymard wrote about this: "He [Saint Joseph] saw through, so to speak, the coarse garment of Jesus: his faith went as far as the Sacred Heart and, illuminated by the divine light, he saw in advance all the states through which Jesus would pass, and he adored them and united himself to the grace of those mysteries. He adored Jesus in His hidden life; he adored Him in His passion and death; he adored Him from then on in the holy Tabernacle".

Dovico, Ermes. "The Eucharist and St Joseph, model for priests." Daily Compass. 21 July 2021. <https://newdailycompass.com/en/the-eucharist-and-st-joseph-model-for-priests>.

EUCCHARISTIC MIRACLES

MIRACLE OF ASTI, ITALY, 1535

On July 25, 1535, while celebrating Mass at the main altar of the Collegiate Church of San Secondo at about 7:00 o'clock in the morning, a holy priest by the name of Domenico Occelli prepared to break the Host and noticed that, along the entire break, the Host was becoming red with living Blood. Three drops fell into the chalice and a fourth one remained at the extreme end of the Host. At first, Fr. Domenico continued the celebration of the Mass. But when he broke off the portion of the Host that had to be placed in the chalice, Blood came out of the Host. He could not believe his eyes, and he turned to the people, asking them to come to the altar and observe the miracle. When the priest was about to consume the Host, the Blood disappeared at once and the Host returned to the natural purity of the Eucharist. These are the facts as described in the translation of the official report sent by Bishop Scipione Roero of Asti to the Holy See and reproduced in the Apostolic Brief of November 6, 1535. In this Apostolic Brief Pope Paul III granted a plenary indulgence to those "who visited the Saint's church on the day commemorating the miracle and recited three Our Fathers and Three Hail Marys according to the intention of the Holy Father." According to another document, reproduced in an inscription on marble, on that occasion some heretical soldiers converted to the faith. In those days, Asti was under the dominion of Emperor Charles V, and many of his troops were living in the city. This account is found in the Vatican archives from which a copy was made in 1884 at the request of Canon Longo and is also found in the book of the Company of the Most Blessed Sacrament, founded in the Collegiate Church of San Secondo as far back as 1519. Other testimonies are a 16th century painting in the Chapel of the Crucifixion depicting the miracle, as well as an inscription on marble with the words: *Hic ubi Christus Ex Sacro pane Effuso sanguine Exteram vi traxit fidem Astensem roboravit* - Here, having shed Blood from the Holy Bread, Christ drew foreigners to the faith and strengthened that of the people of Asti.

"Eucharistic Miracle of Asti, Italy, 1535." Real Presence Eucharistic Education and Adoration Association, 2006. https://www.therealpresence.org/eucharst/mir/english_pdf/Asti1.pdf.