

NATIONAL EUCHARISTIC REVIVAL

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Welcome to this special section of the bulletin dedicated to the National Eucharistic Revival! As our parish continues to observe the second phase of this historic event, we are pleased to provide this dedicated space to weekly information on matters pertaining to the Revival. In addition to announcements regarding special activities and events, this section provides a regular listing of resources, catechesis and directives which are intended to help foster a deeper devotion and a greater understanding of the Holy Eucharist. We invite you to look over this section each week for new and updated content and we pray that as you do so, you will grow in your appreciation and love for Jesus in the Most Blessed Sacrament.



The First National Eucharistic Congress in 83 years July 17-21, 2023 | Indianapolis, Indiana

This is a pivotal moment in both American history and the legacy of the Catholic Church. We are expecting tens of thousands of pilgrims – but space is limited. Jesus Christ will be there. Will you?

Ticket, travel & accomodation packages are now available from the diocese but they are limited! If you wish to attend, you should act now before the seats are gone. You may contact Anne Houston at 973-479-6467 or the Office of Evangelization & Communication at the Diocese of Metuchen.

OFFICIAL PRAYERS NATIONAL EUCHARISTIC REVIVAL

O SACRED BANQUET, in which Christ is received, the memory of His Passion is renewed, the mind is filled with grace, and a pledge of future glory is given to us.

MY GOD, I believe, I adore, I hope and I love Thee! I beg pardon for those who do not believe, do not adore, do not hope and do not love Thee.

O MOST HOLY TRINITY, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifference by which He is offended. By the infinite merits of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I beg the conversion of poor sinners.



NATIONAL Eucharistic Pilgrimage

The National Eucharistic Pilgrimage has publicly launched!

The NEP (<https://www.eucharisticpilgrimage.org/>) will consist of four cross-country Eucharistic processions, collectively traversing the entire continental United States over a two-month period, beginning during the feast of Pentecost, May 17-19, 2024.

The pilgrimage is being organized by the National Eucharistic Revival campaign in conjunction with Modern Catholic Pilgrim, a Catholic nonprofit dedicated to deepening the faith across



the country through pilgrimages. Along the way, the pilgrims will make stops in major US cities, churches, Catholic colleges, and holy sites. Parishes along the routes will host Mass, adoration, devotions, praise and workshop, lectures on the Eucharist, and more.

The Seton Route, which will begin in New Haven, Connecticut, will be passing through the Diocese of Metuchen on May 27-29, 2024. The four pilgrimage processions will ultimately converge in Indianapolis on July 16, 2024, to participate in the National Eucharistic Congress. Adam Carlisle, Secretary of Evangelization and Communication, will be helping to organize our diocese's involvement. If anyone is interested in assisting with this important event, please feel free to contact Adam Carlisle at acarlisle@diometuchen.org.

PERPETUAL ADORATION OF THE BLESSED SACRAMENT



Our parish offers Exposition of the Blessed Sacrament 24/7 in our Eucharistic Adoration Chapel located in the Parish Center. We are very blessed to be the only parish in the Diocese of Metuchen to offer Perpetual Adoration. We welcome and encourage you to regularly visit our chapel and to invite others as well.

EUCCHARISTIC GUARDIANS

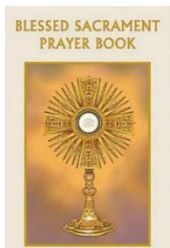


We are always in need of more Eucharistic Guardians. Eucharistic Guardians dedicate themselves to an hour of silent prayer each week in the presence of the Blessed Sacrament. They make Perpetual Adoration possible by assuring that Jesus is never left alone. For more information or to sign up, please call the Parish Office or Gerry Abyme at 732-266-4145.

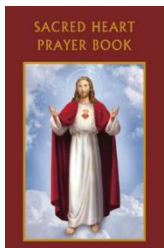
RESOURCES

TO HELP FOSTER DEVOTION TO THE HOLY EUCHARIST

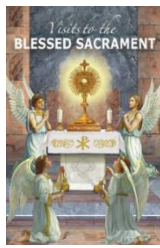
The following items are available at the Parish Center:



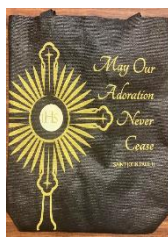
BLESSED SACRAMENT PRAYER BOOK - \$8.00



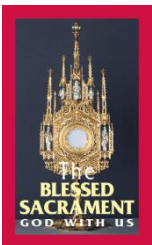
SACRED HEART PRAYER BOOK - \$8.00



VISITS TO THE BLESSED SACRAMENT - \$8.00



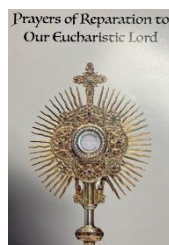
TOTE BAG - \$2.00



THE BLESSED SACRAMENT - GOD IS WITH US - \$5.00



DEVOTION TO THE SACRED HEART - \$5.00



PRAYERS OF REPARATION TO OUR EUCHARISTIC LORD - \$2.00



MONSTRANCE LAPEL PIN - \$2.00

THE MYSTERY OF THE EUCHARIST IN THE LIFE OF THE CHURCH

is the 2021 United States Catholic Conference of Bishops document on the Eucharist – the doctrinal source text for the National Eucharistic Revival. To read the document, visit the Bishop's Conference Official Website at: www.usccb.org.

EUCCHARISTIC REVIVAL

Pilgrimage Passport

June 2023 – June 2024



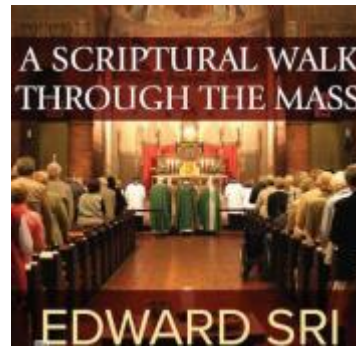
The children in the religious education program here at Our Lady of Fatima Church are engaging in the Year of

Eucharistic Revival by making a pilgrimage to various chapels, shrines and holy sites within the surrounding area to visit Jesus in the Blessed Sacrament. They have each received a little "passport" to take with them and to get stamped as they complete their visit to each site. If you would like to participate in this spiritual pilgrimage as well, pick up a passport at the main entrance to the church. We hope many children will partake in this wonderful experience visiting Jesus! Additional information can be found on our parish website www.olfparish.org.

Learn more about the Sacred Liturgy and the Holy Eucharist on **FORMED**

This week, we recommend the following Series:

A Scriptural Walk Through the Mass
By Edward Sri



For Catholics, the Mass is entirely familiar, but often not well understood. Scripture scholar and well-known author Dr. Edward Sri takes listeners on a journey through the sacred liturgy that is sure to help Catholics experience the Mass more fully as the most powerful

and important prayer of the Church. Dr. Sri examines the historical and biblical roots of the words, prayers, actions, and gestures contained within the Mass in order to arrive at a deeper understanding of their significance.

"I urge you with all the strength of my soul to approach the Eucharistic Table as often as possible. Feed on this Bread of the Angels from which you will draw the strength to fight inner struggles." - Blessed Pier Giorgio Frassati

"In the Eucharistic Sacrifice the Church venerates the memory of Mary the ever Virgin Mother of God and the memory of Saint Joseph, because he fed Him whom the faithful must eat as the Bread of Life." - Pope St. John Paul II

Medium Olive Wood First Communion Comfort Cross



This First Communion Comfort Cross in its own Gift Box is designed to be held in prayer or at night or during other times of anxiety or worry, placed in a pocket, backpack or bag, and given as a special Sacramental gift. Made of warm, rich olive wood, it features a smooth design that fits perfectly in the palm of your hand, and a full color First Communion

medallion to celebrate this milestone. Packaged with a holy card featuring a First Communion message and prayer. Made in the Holy Land, it is an ideal First Holy Communion gift for boys and girls. Certificate of authenticity included.

This item may be purchased on AMAZON or on the Catholic Company website (<https://www.catholiccompany.com/medium-olivewood-first-communion-comfort-cross/>).

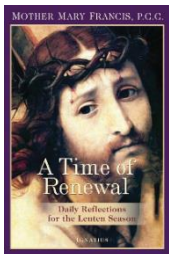
BOOKS ON THE HOLY EUCHARIST

Pick of the Week

A Time of Renewal

Daily Reflections for the Lenten Season

by Mother Mary Francis, P.C.C.



Mother Mary Francis, abbess of a Poor Clare Monastery for over forty years, left an enduring legacy in her writings and in the conferences she gave to her spiritual daughters. In this work she presents beautiful meditations on the liturgical season of Lent, revealing the treasures of the liturgy to Christians in all walks of life. Her insight into Holy Scripture and her poet's heart

engendered reflections that illuminate the daily Mass readings in a fresh and attractive way.

These meditations enlighten the reader to see conversion as positive and enriching, and help us to understand that the generous embrace of Lenten penance has a purpose and brings a wondrous reward: deeper union with God. She was a true daughter of Saint Francis of Assisi, who found perfect joy by turning away from self to God.

As a spiritual guide, Mother Mary Francis excels in the art of persuasion, aware that the human heart cannot be forced but only gently led to holiness. She makes this goal attractive and desirable by tirelessly explaining why striving for holiness is the happiest and wisest way to live. This book provides a wealth of material for plundering the riches of the Lenten season and for deepening one's spiritual life. Her meditations are profound and timeless, not changing from year to year, thus providing a lifetime of Lenten meditations in this one volume.

This book is published by *Ignatius Press* and may be purchased at most religious book stores and on [AMAZON.COM](https://www.amazon.com).

"Any time spent before the Eucharistic presence, be it long or short, is the best-spent time of our lives." – St. Catherine of Genoa

"In the Mass and in Eucharistic Adoration we meet the merciful love of God that passes through the Heart of Jesus Christ." – Pope St. John Paul II

St. Margaret Mary Alacoque Novena

(Repeat the following Novena prayers every day for 9 consecutive days.)

O St Margaret Mary, through you, Jesus pours out His abundant graces to all mankind. Help us to put aside personal interests and abandon ourselves entirely and lovingly to His Adorable Heart. May our work, like yours, merit His special care and favor, through Jesus' Holy Name.

St Margaret Mary, we implore you, to whom the Sacred Heart of Jesus manifested His Divine treasures, to obtain the graces we seek from His Adorable Heart. with unlimited confidence, we ask:

(Mention your need here...)

O Glorious St Margaret Mary, through your intercession, may the Divine Heart of Jesus continue to be glorified and loved.

Say 1 - Our Father

Say 1 - Hail Mary

Say 1 - Glory Be

St Margaret Mary Alacoque,
Pray for Us.

Blessed apostle, ardent adorer, and most fervent disciple of the Sacred Heart of Jesus! listen to my prayer. An appeal from you to that merciful Heart you loved so well, must surely be irresistible. Obtain for me this one request, that I may be ever united to the Adorable Heart of Jesus in all that It has ever done or will do for the glory of God and the salvation of man. Ask also for me, O ardent lover of Jesus, the grant of the humble and earnest petition I now put up to Heaven through your hands.

(Mention your need here again...)

Pray for us, O Blessed Margaret Mary. That we may ardently love the Sacred Heart of Jesus, and possess our souls in patience.

Let us pray: We thank You, O Lord Jesus, for having established in these our days, a most special and tender devotion towards Your loving Heart, by means of Your humble servant, Blessed Margaret Mary, and may we so feel the benefit of her favor in Your sight, as to receive through her powerful prayers whatever we ask for, or do now stand most in need of, to Your honor and glory, who with the Father, and the Holy Ghost, lives and reign forever and ever. Amen.

Sacred Hearts of Jesus, Mary, and Joseph, bless and protect the Church. Amen.

EUCCHARISTIC SAINTS

SAINT ANTHONY MARY CLARET

THE GREATEST PREACHER OF HIS DAY



Saint Anthony Mary Claret symbolized, in some sense, the whole Church as the innocent victim and hated enemy of modern world intrigue. There are those who see in Saint Anthony more than just an example, but actually a living prophecy of the persecution that Holy Mother Church and her divine Faith must endure in latter times, suffering humiliation and even apparent defeat before rising again victorious to her greatest glory. For the enemy who relentlessly persecuted Anthony Claret, while wreaking havoc on Spain and other countries, is that same demonic force which even now seeks the ruin of the Church.

King Charles III of Spain, inaugurated through what he called “reform” measures his own version of Gallicanism, repudiating Church authority and confiscating her property. These policies characteristically were followed by the persecution, suppression, and expulsion of religious orders, as in all other countries where the state “liberated” itself from the Vicar of Christ. Also characteristic of such monstrous scheming was the parallel growth of a so-called “intellectual” movement, the “Spanish Enlightenment.” An uprising brought to power a “Liberal” ministry which set up a new constitution. Spain once more was choking in the foul air of heresy — Protestantism and Jansenism — and of atheistic philosophies *a la* Rousseau and Voltaire. Likewise, there was mounted against the Church a new persecution that was highlighted by the massacre of many priests and bishops.

Anthony Claret was a seminarian during this time. Strongly impressed by his brilliance and holiness, the Bishop of Vich decided that the young Catalan should begin preparing for ordination long before his seminary training was completed. The prelate explained confidentially, “I want to ordain Antonio now because there is something extraordinary about him.” But there was one other reason. Bishop Corcuera had the foresight to know that the increasing political upheaval spelled renewed suffering for the Church which would likely make ordinations difficult at a later time. After Claret was ordained, the government, forbidding any further ordinations, seized the seminary and converted it into a barracks.

Anthony Claret had a remarkable life delivering a total ten thousand sermons in his apostolic career. He traveled throughout the towering mountains in the Catalonia region, an impossible rugged terrain, preaching sometimes ten to twelve sermons a day to the one and a half million souls that populated the region. Father Claret preached several lengthy sermons every day to priests, nuns, hospital and prison inmates, besides those given to the general public — and then to hear confessions, often for another fifteen or more hours in the same day. People would stand in seemingly endless queues for four and five hours — even days in some instances. What made him so popular as a preacher in an era of spiritual deterioration and cynicism was the natural eloquence, the brilliantly simple style, and the irresistible charm of his sermons. He was consecrated Archbishop of Cuba and completely reformed the island that was suffering from heretical creeds that were destroying the Catholic values of the people. He was there for his people during a scourge of multiple earthquakes and a cholera epidemic that claimed three thousand lives. Multiple attempts were made on his life, with one assassin slashing his arm and his cheek with a knife, leaving his face severely disfigured and slurring his speech. After almost seven years, he was requested to return to Madrid to be the confessor and spiritual director to the royal family, specifically Queen Isabella. There he had the influence to establish museums, libraries, schools, and more institutions. His life ended in exile with the royal family two years after the revolution of 1868. While he was dying, in his most enfeebled state, his mind was still preoccupied with the salvation of souls. “Souls, souls, give me souls,” he said repeatedly.

In all his afflictions Saint Anthony had always found incomparable strength and consolation in the presence of the Blessed Sacrament. And so, to fortify the little apostle in his fiercest combat, God conferred upon him a very special grace with which few other saints in the history of the Church have ever been favored: “On August 26, 1861, finding myself at prayer in the church of the Holy Rosary, at La Granja...the Lord granted me the grace of conserving the Sacramental Species within my heart.” For the rest of his earthly days he shared with the Mother of God in a special way the divine privilege preserving incorruptibly from Communion to Communion the precious Body and Blood, Soul and Divinity of Christ in his bosom. Now a human tabernacle of Our Lord, he reflected: “I now bear within me day and night the adorable Eucharist. I must therefore be always recollected and cultivate the interior life. Moreover, according to Our Lord’s command, I must try to arrest by prayer and in other ways the evil rampant in Spain.” Some months later, after obediently writing down this sublime experience, Antonio became plagued with doubt. Believing himself to be wholly unworthy of so wondrous a blessing, he perhaps felt that he might only have dreamed it. In any event, he was thinking of erasing all mention of the episode when the Blessed Mother spoke, forbidding him to do so. “Afterward, while I was saying Mass, Jesus Christ told me that He had indeed granted me this grace.” Then, as if to assure the humble prelate of his worthiness of the esteemed privilege, something quite remarkable occurred on Christmas Eve in 1864. Having celebrated Midnight Mass, Monsignor Claret arose from making an unusually long thanksgiving. As he left the chapel his countenance betrayed an unmistakable look of ecstasy to Don Carmela Sala, who greeted the saint outside. At length, Anthony dispelled the mystery, confiding to his friend his precious secret: “The holy Virgin placed the Child Jesus in my arms tonight!” Only it was not really a secret. The Sisters of Perpetual Adoration, who were present in the chapel, confirmed that “during his thanksgiving, Father...had received the Child Jesus in his arms. The Blessed Virgin had given the Child to him.”

The Slaves of the Immaculate Heart of Mary. “A Very Special Patron: Saint Anthony Mary Claret.” Catholicism.org. 6 January 2006. <https://catholicism.org/anthony-claret.html>.