

NATIONAL EUCHARISTIC REVIVAL

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Welcome to this special section of the bulletin dedicated to the National Eucharistic Revival! As our parish continues to observe the second phase of this historic event, we are pleased to provide this dedicated space to weekly information on matters pertaining to the Revival. In addition to announcements regarding special activities and events, this section provides a regular listing of resources, catechesis and directives which are intended to help foster a deeper devotion and a greater understanding of the Holy Eucharist. We invite you to look over this section each week for new and updated content and we pray that as you do so, you will grow in your appreciation and love for Jesus in the Most Blessed Sacrament.



**The First National Eucharistic Congress in 83 years
July 17-21, 2023 | Indianapolis, Indiana**

This is a pivotal moment in both American history and the legacy of the Catholic Church. The Diocese of Metuchen has been promoting this event for the past year partnering with Corporate Travel Service to create travel packages for the parishioners in the diocese. At this time, there are still an ample number of passes. However, accommodations and transportation will not be available through the diocese. Attendees will need to independently make their own arrangements. If you or someone you know would like to attend the NEC this summer, we ask that you please register as soon as possible. Please contact Adam Carlisle (acarlisle@diometuchen.org) in the Office of Evangelization & Communication in the Diocese of Metuchen.

OFFICIAL PRAYERS NATIONAL EUCHARISTIC REVIVAL

O SACRED BANQUET, in which Christ is received, the memory of His Passion is renewed, the mind is filled with grace, and a pledge of future glory is given to us.

MY GOD, I believe, I adore, I hope and I love Thee! I beg pardon for those who do not believe, do not adore, do not hope and do not love Thee.

O MOST HOLY TRINITY, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifference by which He is offended. By the infinite merits of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I beg the conversion of poor sinners.

EUCHARISTIC GUARDIANS

We are always in need of more Eucharistic Guardians.



Eucharistic Guardians dedicate themselves to an hour of silent prayer each week in the presence of the Blessed Sacrament. They make Perpetual Adoration possible by assuring that Jesus is never left alone. For more information or to sign up, please call the Parish Office or Gerry Aboyme at 732-266-4145.

PERPETUAL ADORATION OF THE BLESSED SACRAMENT



Our parish offers Exposition of the Blessed Sacrament 24/7 in our Eucharistic Adoration Chapel located in the Parish Center. We are very blessed to be the only parish in the Diocese of Metuchen to offer Perpetual Adoration. We welcome and encourage you to regularly visit our chapel and to invite others as well.

EUCHARISTIC REVIVAL Pilgrimage Passport

June 2023 – June 2024



The children in the religious education program here at Our Lady of Fatima Church are engaging in the Year of Eucharistic Revival by making a pilgrimage to various chapels, shrines and holy sites within the surrounding area to visit Jesus in the Blessed Sacrament. They have each received a little "passport" to take with them and to get stamped as they complete their visit to each site. If you would like to participate in this spiritual pilgrimage as well, pick up a passport at the main entrance to the church. We hope many children will partake in this wonderful experience visiting Jesus! Additional information can be found on our parish website www.olfparish.org.

Happy is the soul that knows how to find Jesus in the Eucharist, and the Eucharist in all things!
– St. Peter Julian Eymard



NATIONAL Eucharistic Pilgrimage

The National Eucharistic Pilgrimage in the Diocese of Metuchen



The St. Elizabeth Ann Seton Route of the National Eucharistic Pilgrimage will begin in New Haven, Connecticut, **and will pass through the Diocese of Metuchen on May 27-28, 2024.** During these two days, the Diocese of Metuchen will welcome the National Eucharistic 'Perpetual Pilgrims' as they process from the Cathedral of St. Francis of Assisi, to St. Peter the Apostle University and Community Parish, New Brunswick, and St. Augustine of Canterbury in Kendall Park. We encourage you to eat, pray, and walk with them as they witness to the world that Jesus is here, present in the most Blessed Sacrament, and that he accompanies us - all of us - on our pilgrimage in life.

There will be three stops in the Diocese of Metuchen for the National Eucharistic Pilgrimage. **Attendees must register for each stop at <https://diometuchen.org/nep2024>. Please select the Pilgrimage stop in the Diocese of Metuchen to Register.** *Please be aware registration is handled by the National Eucharistic Pilgrimage and the Modern Catholic Pilgrim.*

Date: Monday, May 27, 2024

Location: The Cathedral of St. Francis of Assisi, 548 Main St, Metuchen, NJ 08840

- The Diocese of Metuchen will welcome the 'Perpetual Pilgrims' of the National Eucharistic Pilgrimage at the Cathedral of St. Francis of Assisi in Metuchen.
- **7:00 PM - 9:00 PM:** Praise and Worship at the Cathedral of St. Francis of Assisi, Metuchen. *Join us for Praise and Worship!*
- **7:15 PM:** 'A Pilgrim Church on Earth: The Christian's Lifetime Procession with the Eucharistic Lord" by Fr. Roger Landry
- **9:00 PM - 8:00 AM:** All-Night Eucharistic Adoration of the Blessed Sacrament at the Cathedral of St. Francis of Assisi, Metuchen. *Find peace in an evening of Adoration at the Cathedral.*

Date: Tuesday, May 28, 2024

Location: The Cathedral of St. Francis of Assisi, 548 Main St, Metuchen, NJ 08840

- **8:00 AM - 8:30 AM:** Breakfast at the Cathedral of St. Francis of Assisi, Metuchen. *Enjoy a meal before we start the day's Eucharistic Procession! **Please register for the Breakfast!***
- **8:30 AM - 11:00 AM:** Eucharistic Procession from the Cathedral of St. Francis of Assisi, Metuchen, to St. Peter the Apostle University and Community Parish, New Brunswick.

Date: Tuesday, May 28, 2024

Location: St. Peter the Apostle University and Community Parish, 94 Somerset St, New Brunswick, NJ 08901

- **11:00 AM - 11:30 AM:** Mass at St. Peter the Apostle University and Community Parish, New Brunswick. *Join us for Mass to conclude the day's Eucharistic Procession.*
- **11:30 AM - 12:30 PM:** Lunch at St. Peter the Apostle University and Community Parish, New Brunswick. *Enjoy a meal at the end of this section of the Eucharistic Procession! **Please register for the Lunch!***
- **12:30 PM - 4:00 PM:** Procession to St. Augustine of Canterbury Church, Kendall Park, from St. Peter the Apostle University and Community Parish, New Brunswick. *Join us for the final leg of the day's Eucharistic Procession! Be sure to bring water, food, and good walking shoes.*

Date: Tuesday, May 28, 2024

Location: St. Augustine of Canterbury Roman Catholic Church, 45 Henderson Rd, Kendall Park, NJ 08824

- **4:00 PM - 4:30 PM:** Dinner at St. Augustine of Canterbury Church, Kendall Park. *Join us for dinner! **Please register to participate in the dinner!***
- **4:30 PM - 5:00 PM:** Tour of the Church/Chapel of the Saints at St. Augustine of Canterbury, Kendall Park. *Join us for a tour of the Church/Chapel of the Saints at St. Augustine of Canterbury Church.*
- **5:00 PM - 5:45 PM:** 'The Eucharistic Journey to Holiness' by Fr. Roger Landry. *Join us at 5:00 PM for a presentation on Eucharistic Miracles/Stories of the Saints.*
- **5:45 PM - 6:15 PM:** Blessing for the Pilgrims as they Depart for the Diocese of Trenton at St. Augustine of Canterbury Church, Kendall Park. *Join us for a blessing for the Pilgrims as they Depart for the Diocese of Trenton.*

For registration and additional information, please visit the National Eucharistic Pilgrimage in the Diocese of Metuchen webpage at <https://diometuchen.org/nep2024>.

The Diocese of Metuchen's participation in the National Eucharistic Pilgrimage is being organized by the Secretariat for Evangelization and Communication. Questions? Contact Adam Carlisle, Secretary for Evangelization and Communication, at acarlisle@diometuchen.org.

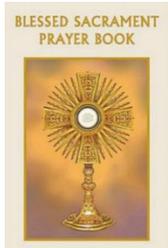
RESOURCES

TO HELP FOSTER DEVOTION TO THE HOLY EUCHARIST

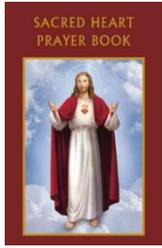
The following items are available at the Parish Center:

7 Secrets of the Eucharist Book and Study Guide

The 4-week parish workshop based on Vinny Flynn's book **7 Secrets of the Eucharist** recently concluded, and we have a limited supply of extra books and study guides available for sale at the parish center for \$10 each.



BLESSED SACRAMENT PRAYER BOOK - \$8.00



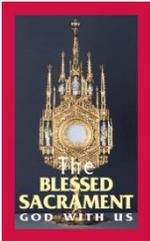
SACRED HEART PRAYER BOOK - \$8.00



VISITS TO THE BLESSED SACRAMENT - \$8.00



TOTE BAG - \$2.00



THE BLESSED SACRAMENT - GOD IS WITH US - \$5.00



DEVOTION TO THE SACRED HEART - \$5.00



PRAYERS OF REPARATION TO OUR EUCHARISTIC LORD - \$2.00



MONSTRANCE LAPEL PIN - \$2.00

THE MYSTERY OF THE EUCHARIST IN THE LIFE OF THE CHURCH

is the 2021 United States Catholic Conference of Bishops document on the Eucharist – the doctrinal source text for the National Eucharistic Revival. To read the document, visit the Bishop's Conference Official Website at: www.usccb.org.

Learn more about the Sacred Liturgy and the Holy Eucharist on



This week, we recommend the following Series:

Misery Meets Mercy: St. Faustina Kowalska

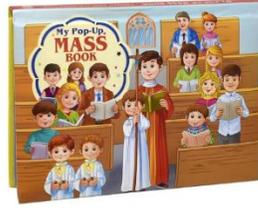


Dr. Ben Akers and Fr. Mateusz Ratajczak discuss St. Faustina Kowalska and her role of bringing the message of Divine Mercy to the Church.

RESOURCES FOR CHILDREN - *Pick of the Week*

My Pop-Up Mass Book

By Rev. Thomas J. Donaghy



This colorful book provides children with a gentle introduction to the Mass. The bright, vibrant, and eye-catching illustrations in this book will “pop” off the pages to delight little children as they learn what happens during Mass.

They can follow along as these parts of the Mass take place:

- the beginning of Mass
- the reading of the Gospel
- the presentation of gifts to the Priest
- the elevation of the Host during the Consecration
- the praying of the Our Father
- the reception of Communion

This item may be purchased on AMAZON or on the Catholic Company website (<https://www.catholiccompany.com/my-pop-up-mass-book-i132274/>)

BOOKS ON THE HOLY EUCHARIST

Pick of the Week

Life Of Christ

By Fulton J. Sheen



Widely proclaimed a classic work of Christian faith, *Life of Christ* has been hailed as the most eloquent of Fulton J. Sheen's many books. The fruit of many years of reflection, prayer, and research, it is a dramatic and moving recounting of the birth, life, Crucifixion, and Resurrection of Christ, and a passionate portrait of the God-Man, the teacher, the healer, and most of all the Savior, whose promise has sustained humanity for two millennia. With his customary insight and reverence, Sheen interprets the scripture and describes Christ, not only in historical perspective, but also in exciting and contemporary terms, seeing in Christ's life both modern parallels and timeless lessons. His thoughtful, probing analysis provides new insight into well-known Gospel events.

This book is published by *Ignatius Press* and may be purchased at most religious book stores and on AMAZON.COM.

Mary adored Jesus as the Bridegroom of souls. Union is the final purpose of love. Jesus by the gift of His substance in the Eucharist unites Himself with our souls as with His dear spouses. As a Bridegroom, He gives them all His possessions, His name, His heart, His whole Self, but on the condition that the soul reciprocates. The soul, His spouse, shall live for Him only. – St. Peter Julian Eymard

EUCCHARISTIC SAINTS

ST. ELIZABETH ANN SETON

THE AMERICAN WHO FOUND THE EUCHARIST IN ITALY



Elizabeth Ann Seton's story is at the heart of the Church in the United States, and the Eucharist is at the heart of her story. She was born in 1774 in New York where, 200 years later, Cardinal Francis Spellman summed her up this way: "When our great Republic was born, she became a charter American citizen." He listed Alexander Hamilton and John Jay among her family's friends and acquaintances. Born Elizabeth Bayley, she married William Seton in an Episcopalian church and gave birth to five children. In 1803 Elizabeth accompanied her husband to Italy, seeking relief for his tuberculosis. William died later that year. It was during their time in Italy that Elizabeth discovered the Catholic faith through the witness of her husband's business partners, the Filicchis. Soon after she returned to the United States, the quintessential American citizen became a Catholic leader in the young Republic. She entered the Catholic Church in 1805, then moved her family to the United States' primary see, Baltimore, in 1808, where she took a leading role in founding a Catholic education system. In 1809 she became a professed religious and, with help of Archbishop John Carroll—the cousin of a signer of the Declaration of Independence—she founded the Sisters of Charity of St. Joseph.

When she traveled to Italy with her husband during his illness, they stayed with her family's acquaintances, the Filicchis, who welcomed the Setons into their home. She was fascinated by their faith in the Eucharist: they believed that Jesus really meant it when he said that the bread and wine offered at Mass are truly transformed into his Body, Blood, Soul, and Divinity. Elizabeth was moved deeply by seeing how the Italian people expressed their belief and devotion to the Eucharist. In one letter home she wrote, "My sister dear, how happy would we be if we believed what these dear souls believe, that they possess God in the Sacrament and that he remains in their churches and is carried to them when they are sick." Eucharistic processions passed by in the street where she was staying. "When they carry the Blessed Sacrament under my window," she wrote, "I feel the full loneliness and sadness of my case. I cannot stop the tears at the thought, 'My God, how happy would I be even so far away from all so dear, if I could find you in the church as they do.'"

The knowledge that Jesus Christ was really there in the Catholic Church, waiting for her, dominated her thoughts even after she returned to New York. In her morning walks, she said, "I see nothing but the little bright cross on St. Peter's steeple," marking where the Blessed Sacrament resided in the nearby Catholic church. She still attended Episcopal Sunday services, but she found herself turning to the Catholic Church—literally. "I got in a side pew which turned my face towards the Catholic church on the next street and found myself 20 times speaking to the Blessed Sacrament there instead of looking at the naked altar where I was or minding the routine of prayers," she said.

Elizabeth was deeply saddened by the lack of the Eucharistic faith that she saw in others. She made her feelings about the Eucharist clear to her Protestant friends, and they challenged her. One asked, "How can you believe that there are as many gods as there are millions of altars and tens of millions of blessed hosts all over the world?" one asked. She recalled that her answer wasn't agitated, but calm and even joyful. "I can but smile at his earnest [albeit erroneous] words, for the whole of my cogitations about it are reduced to one thought," she wrote. "It is God who does it, the same God who fed so many thousands with the little barley loaves and little fishes, multiplying them of course in the hands which distributed them." In fact, she said, "Nothing is so very hard to believe in it [the Eucharist], since it is he [God] who does it. Years ago I read in some old book, when you say a thing is a miracle and you do not understand it, you say nothing against the mystery itself, but only acknowledge your limited knowledge and comprehension which does not understand a thousand things you must yet own to be true."

When she received her first Holy Communion in 1805, she wrote to the Filicchi family about it, resorting to capital letters to convey her excitement. "At last, Amabilia, at last! GOD IS MINE and I AM HIS," she wrote. "I HAVE RECEIVED HIM." She said she had so longed for "the moment he would enter the poor little dwelling so all his own. And when he did—the first thought, I remember, was 'Let God arise, let his enemies be scattered!' for it seemed to me my King had come to take his throne, and instead of the humble tender welcome I had expected to give him, it was but a triumph of joy and gladness that the deliverer was come." The Eucharist became Elizabeth's resting place. As a religious superior, she arranged her desk such that she could see the chapel's sanctuary lamp through her doorway; as she lay dying an early death of tuberculosis at age 46, she instructed her sisters to position her bed so she could see the tabernacle. "Happen now what will, I rest with God, in the tabernacle and Communion—so now I can pass the Valley of Death itself," she wrote in one of her last letters.

"She is a glorious tribute, by God's grace, to the health, zeal and spirituality of Catholicism [in the United States]," said Cardinal Spellman. Our government may be "of the people, by the people, and for the people," but St. Elizabeth Ann Seton shows us that our faith comes to us by the Eucharist, in the Eucharist, and for the Eucharist.